

# Shiv Chhatrapati Shikshan Sanstha's Rajarshi Shahu Mahavidyalaya (Autonomous), Latur Department of Sociology

# A) SUMMARY REPORT

1) Title of Programme:  2) Name of Organizing Department/Unit:  3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:  4) Date(s) of the Programme:		Mental health and career opportunities in counselling Sociology Sayali Samudre, Dr. Bhagvant Bokade, Suraj Suryawanshi 30-01-2025									
						5) Venue:		Hall No 320			
						6) Target Group:		Students of the sociology department			
						7) Number of Participants:		Male	Female	Total	
Teaching	02	01	03								
	Non - Teaching	00	00	00							
	Students	05	36	41							
	Total	07	37	44							
8) Name(s) and details of Resource Person(s), if any:		Mr.Balasaheb Sonavane (counsellor)									
9) Total Expenditure for the Programme:		500/-									
10) Source of Funding:		Rajarshi Shahu Mahavidyalaya, (Autonomous), Latur									

#### B) Report

i. Title: Mental health and career opportunities in counselling

#### ii. Introduction:

Department of sociology organized a guest lecture on 'Mental health and career opportunities in counselling' on the date of 30-01-2025. Mr. Balasaheb Sonavane (Counsellor, Anantrang deaddiction and rehabitation Centre) was a resource person of this guest lecture. He spoke about mental health, stress, stress-management, deaddiction and role of counselling in mental health. He also gave an emphasis on various career opportunities which are available in the field of social counselling.

### iii. Objectives of the Programme/ issues addressed:

- 1. To make awareness about mental health
- To give an account on necessity of mental health and role of counselling in making life physically and mentally healthy
- 3. To give an account necessity of counselling in human life as well as in human society
- 4. To underline various career opportunities in counselling as a profession

# iv. Details of Participants:

Total (Male07- and Female-37) participants participated in this guest lecture and gave nice response.

## v. Brief Summary of Events/ Sessions:

Department of sociology organized a guest lecture on 'Mental health and career opportunities in counselling' on the date of 30-01-2025. Mr. Balasaheb Sonavane (Counsellor, Anantrang deaddiction and rehabitation Centre) was a resource person of this guest lecture. This guest lecture was an attempt to promote significance of mental health amongst students. It was also an objective of the guest lecture to underline various

career opportunities in the field of counselling. Mr. Balasaheb Sonavne who was a resource person of this guest lecture was one of the alumni of the department of sociology. He gave his valuable guidance and shared his experiences in the field of counselling. Sayali Samudre (HOD) gave brief introduction of the resource person. Mr. Balasaheb sonavne was felicitated by the department of sociology. Mr. Bhagwant Bokade and Suraj Suryawanshi took efforts to make this guest lecture successful. Hon. Principal Dr. Mahadev Gavhane was the inspiration of the program.

#### vi. Conclusion:

To conclude this guest lecture was an initiative to promote significance of mental health amongst students. Students participated actively in interaction session and gave nice response.

vii. Any Appendix If Necessary: NIL

Head Head

Dept. of Sociology

Rajarshi Shahu Mahavidyalaya,
Autonomous Latur.

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Rajarshi Shahu Mahavidyalaya.

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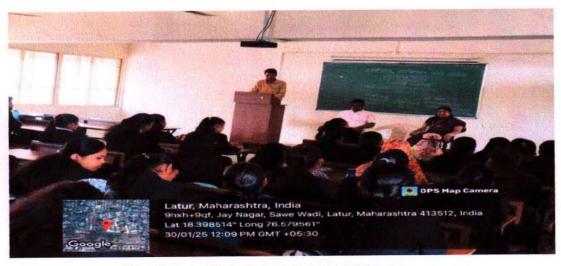
# C) Geotagged Photographs:



(Mr. Balasaheb Sonavane speaking as a resource person)

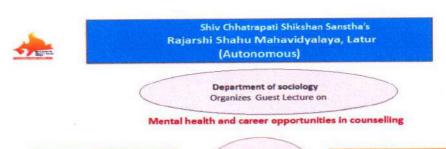


(Interaction with students)



(Dr. Bhagwant Bokade is giving vote of thanks)

- D) Link of Video of the programme if any NIL
- E) Copies of Brochure Prepared for the Programme



Dr. Mahadev Gavhane Principal, Rajarshi Shahu Mahayidyalaya, Latur (Autonomous) Chairperson of the program

Date:- 30/01/2025 Time:- 12.00PM Venue-Hall No 315 Mr. B. V. Sonawane Counsellor, Antrang Deaddiction and Rehabilitation Center, Latur. Resource Person

Organizing committee : Sayali Samudre (HoD I/c) Dr. Bhagavant Bokade Suraj Suryawanshi

# Rajarshi Shahu Mahavidyalaya, Latur (Autonomous)

Dept. of Sociology

Attendance Sheet for Guest Lecture on the topic of "Mental health and career opportunities in counseling"

D-30/01/2025

Sr.No	Name	Gender	Designations	Signature
1	Chopade Sanjana Kamlakar	female	L Zm L	Synjana
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3	Saudagar Naziya Shahed	female.		Naziyi-
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5	Shilchore Kalfani Santosh	female		(Bu Cal
6	Mundada Shradha Hanumandas	Female	(	Marcha
7	Gaikwad Peamita Shivaji			Bonita.
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11	Jayyed Mahek Kasim	_ 11-		Muhela
12	Malishe Vaishnavi Omprakash	-11-		Coust news
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22	Patil Rutuja Subhan	female		Por

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