



**Shiv Chhatrapati Shikshan Sanstha's  
Rajarshi Shahu Mahavidyalaya (Autonomous), Latur  
Department of Sociology**

**A) SUMMARY REPORT**

1) Title of Programme:	Mental health and career opportunities in counselling			
2) Name of Organizing Department/Unit:	Sociology			
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:	Sayali Samudre, Dr. Bhagvant Bokade, Suraj Suryawanshi			
4) Date(s) of the Programme:	30-01-2025			
5) Venue:	Hall No.- 320			
6) Target Group:	Students of the sociology department			
7) Number of Participants:		Male	Female	Total
	Teaching	02	01	03
	Non – Teaching	00	00	00
	Students	05	36	41
	Total	07	37	44
8) Name(s) and details of Resource Person(s), if any:	Mr.Balasaheb Sonavane (counsellor)			
9) Total Expenditure for the Programme:	500/-			
10) Source of Funding:	Rajarshi Shahu Mahavidyalaya, (Autonomous), Latur			

## **B) Report**

### **i. Title: Mental health and career opportunities in counselling**

### **ii. Introduction:**

Department of sociology organized a guest lecture on 'Mental health and career opportunities in counselling' on the date of 30-01-2025. Mr. Balasaheb Sonavane (Counsellor, Anantrang deaddiction and rehabilitation Centre) was a resource person of this guest lecture. He spoke about mental health, stress, stress-management, deaddiction and role of counselling in mental health. He also gave an emphasis on various career opportunities which are available in the field of social counselling.

### **iii. Objectives of the Programme/ issues addressed:**

1. To make awareness about mental health
2. To give an account on necessity of mental health and role of counselling in making life physically and mentally healthy
3. To give an account necessity of counselling in human life as well as in human society
4. To underline various career opportunities in counselling as a profession

### **iv. Details of Participants:**

Total (Male-07- and Female-37) participants participated in this guest lecture and gave nice response.

### **v. Brief Summary of Events/ Sessions:**

Department of sociology organized a guest lecture on 'Mental health and career opportunities in counselling' on the date of 30-01-2025. Mr. Balasaheb Sonavane (Counsellor, Anantrang deaddiction and rehabilitation Centre) was a resource person of this guest lecture. This guest lecture was an attempt to promote significance of mental health amongst students. It was also an objective of the guest lecture to underline various

career opportunities in the field of counselling. Mr. Balasaheb Sonavne who was a resource person of this guest lecture was one of the alumni of the department of sociology. He gave his valuable guidance and shared his experiences in the field of counselling. Sayali Samudre (HOD) gave brief introduction of the resource person. Mr. Balasaheb sonavne was felicitated by the department of sociology. Mr. Bhagwant Bokade and Suraj Suryawanshi took efforts to make this guest lecture successful. Hon. Principal Dr. Mahadev Gavhane was the inspiration of the program.

**vi. Conclusion:**

To conclude this guest lecture was an initiative to promote significance of mental health amongst students. Students participated actively in interaction session and gave nice response.

**vii. Any Appendix If Necessary: NIL**



**HOD**

**Head**  
Dept. of Sociology  
Rajarshi Shahu Mahavidyalaya,  
Autonomous Latur.



**Principal**  
**PRINCIPAL**

Rajarshi Shahu Mahavidyalaya, Latur  
(Autonomous)



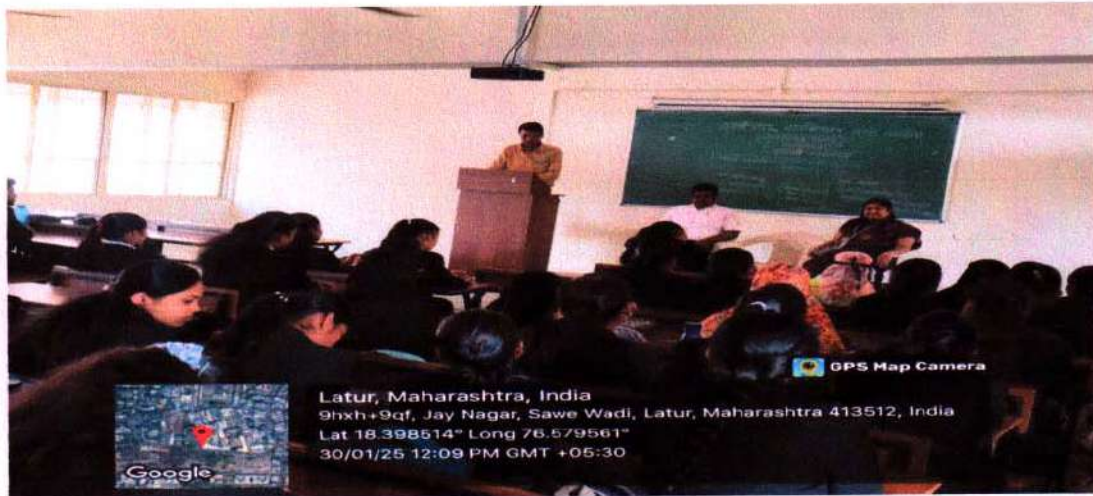
**C) Geotagged Photographs:**



(Mr. Balasaheb Sonavane speaking as a resource person)



(Interaction with students)



(Dr. Bhagwant Bokade is giving vote of thanks)

D) Link of Video of the programme if any - NIL

E) Copies of Brochure Prepared for the Programme





**Rajarshi Shahu Mahavidyalaya, Latur**  
**(Autonomous)**

Dept. of Sociology

Attendance Sheet for Guest Lecture on the topic of  
"Mental health and career opportunities in counseling"

D-30/01/2025

Sr.No	Name	Gender	Designations	Signature
1	Chopade Sanjana Kamalakar	female		Sanjana
2	Shaikh Sayma Ibrahim	female		Sayma
3	Saudagar Naziya Shahed	female		Naziya
4	Kale Pralokta Kamalakar	female		Pralokta
5	Shilchore Kalyani Santosh	female		Kalyani
6	Mundale Shradha Hanumantris	female		Shradha
7	Gaikwad Parnita Shivaji	— " —		Parnita
8	Suryavanshi Aaditi Ramesh	— " —		Aaditi
9	Gaikwad Risha Vinod	— " —		Risha
10	Abdhole Nandini Rajkumar	— " —		Nandini
11	Sayyed Mahak Kasim	— " —		Mahak
12	Malishe Vaishnavi Omprakash	— " —		Vaishnavi
13	Kamble Pradnya Nitay	— " —		Pradnya
14	Kamble Hrutika Mahadev	— " —		Hrutika
15	Koli Rutuja Hanmant	— " —		Rutuja
16	Shaikh Mehraat Iqbal	— " —		Mehraat
17	Shaikh Zeba Sharfolelin	— " —		Zeba
18	Sonwane Ganhi Datta	— " —		Ganhi
19	Ghodke Sheuti Kisan	female		Sheuti
20	Kamble Vivan Kishor	female		Vivan
21	Waghmare Akanksha Kashinath	female		Akanksha
22	Patil Rutuja Subhan	female		Rutuja



23	Survase Rutuja Suryakant	female		<u>Rutuja</u>
24	Tompe Sakshi Subhash	female	student	<u>Sakshi</u>
25	Devakate Shraddha Sunil	female	Student	<u>Shraddha</u>
26	Ahe Shruti Ashok	female		<u>Shruti</u>
27	Sathe Rakshini Haridas	female	student	<u>Rakshini</u>
28	Gidde Shabnam Gajale	female	student	<u>Shabde</u>
29	Jawalkar Rakhi mangesh	—	—	<u>Rakhi</u>
30	Jadhav pratiksha chagan	—	—	<u>Pratiksha</u>
31	Kulkarni Sakshi Suresh	—	—	<u>Sakshi</u>
32	Mothe Sakshi Yashraj	Female	student	<u>Sakshi</u>
33	Maske Akshata Babasaheb	"	student	<u>Akshata</u>
34	Bode Divya Balaji	"	Student	<u>Divya</u>
35	Kamble Rohini Prashant	female	student	<u>Rohini</u>

36) Patil Abhishek Israr

37) Ingale Manav Mahendrakumar

male

—

Abhishek

—

—

Manav

**Head**

**Principal**

38) Pawar Dipak Bondu

Male

student

Dipak

39) Gundle Lokesh Ramesh

male

student

Lokesh

40) Hake Yash Ram

—

—

Yash

41) Chintale Nivedita Sadanand

female

student

Nivedita

42) Sayali Samudra

female

Asst. Prof

Sayali

43) Suryawanshi Suraj M.

male

—

Suraj

44) Dr. Bhagwanrao C. Bokade

—

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Bokade