



Shiv Chhatrapati Shikshan Sanstha's
Rajarshi Shahu Mahavidyalaya (Autonomous), Latur
Department of Sociology

A) SUMMARY REPORT

1) Title of Programme:	Gender equity workshop on 'women and mental health'			
2) Name of Organizing Department/Unit:	Sociology			
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:	Sayali Samudre, B.C. Bokade, Suraj Suryavanshi			
4) Date(s) of the Programme:	22-10-2024			
5) Venue:	Hall No-320			
6) Target Group:	Students of sociology department			
7) Number of Participants:		Male	Female	Total
	Teaching	02	01	03
	Non – Teaching	00	00	00
	Students	02	20	22
	Total	04	21	25
8) Name(s) and details of Resource Person(s), if any:	Mrs. Poonam Bansode (Counsellor)			
9) Total Expenditure for the Programme:	500/-			
10) Source of Funding:	Rajarshi Shahu Mahavidyalaya, (Autonomous), Latur			

B) Report

i. Title: Gender equity workshop on 'women and mental health'

ii. Introduction:

Department of sociology organized gender equity workshop on 'women and mental health' on the date of 22-10-2024. Mrs. Poonam Bansode (Counsellor, 'Antarang deaddiction and rehabilitation center, Latur) was a resource person for this workshop. It was a thematic workshop, so theme of this workshop 'women and mental health' was based upon the social value of gender equity.

iii. Objectives of the Programme/ issues addressed:

1. To make awareness about necessity of gender equity in society
2. To underline necessity of mental health for women empowerment
3. To make students understand various issues related mental health like stress, anxiety, depression, addiction
4. To give an emphasis on necessity of gender equity in society to make the world better place to live.

iv. Details of Participants:

Total 25 participants (21 – Female, 04-Male) participated in this workshop

v. Brief Summary of Events/ Sessions:


Department of sociology organized gender equity workshop on 'women and mental health' on the date of 22-10-2024. Mrs. Poonam Bansode (Counsellor, 'Antarang deaddiction and rehabilitation center, Latur) was a resource person for this workshop. She was felicitated by Sayali Samudre (HoD, Department of Sociology) Mrs. Poonam Bansode who was a resource person for this workshop, shared her valuable and fruitful thoughts about the value of gender

equality. She shared her experiences about role of social counselling in area of mental health especially of women's health. She spoke about necessity of mental health, role of stress management in human life. She also gave an emphasis on the social reasons of stressful life of women in various sectors of life. She underlined that status of women in the society should be increased only then women can live stress-free life. She told that addiction problems in families also affect women's health very badly. That's why women should be empowered and independent. She also suggested that men and women both should take care of each other's mental health. Dr. Bhagvant Bokade, Mr. Suraj Suryawanshi who is teaching faculties in the department of sociology took efforts to make this workshop successful. Hon. Principal Dr. Mahadev Gavhane was an inspiration of this workshop


vi. Conclusion:

To conclude this workshop was an attempt to make awareness about mental health and to promote social value of gender equity. Students gave nice response to this workshop.

vii. Any Appendix If Necessary: NIL


Head
Dept. of Sociology
Rajarshi Shahu Mahavidyalaya,
Autonomous Latur.




Principal
PRINCIPAL
Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)

C) Geotagged Photographs:



(Mrs. Poonam Bansode resource person of the program is delivering a speech)



(Sayali Samudre is felicitating Mrs. Poonam Bansode)

D) Link of Video of the programme if any - NIL

E) Copies of Brochure Prepared for the Programme



SHIV CHHATRAPATI SHIKSHAN SANSTHA'S
RAJARSHI SHAHU MAHAVIDYALAYA, LATUR
(AUTONOMOUS)

Department of sociology
Organizes Gender Equity
Workshop on

WOMEN AND MENTAL HEALTH

Dr. Mahadev Gavhane
Principal, Rajarshi Shahu Mahavidyalaya,
Latur (Autonomous)
President of the program

Date:-
22/10/2024
Time:-
10.00.AM
Venue-Hall No
320

Poonam Shesheraw Bansode
Counsellor, Antrang De Addiction and
Rehabilitation Center, Latur.
Resource Person

Organizing committee :

Sayali Samudre (HoD, I/c) Dr. Bhagavant Bokade
Suraj Suryawanshi

F) Any Other Publicity Material



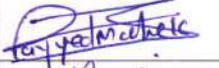
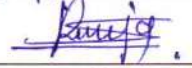

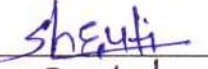
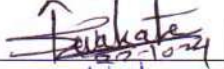
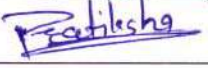
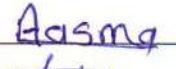
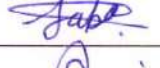
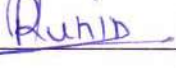
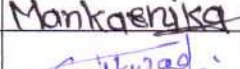
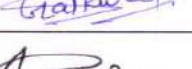
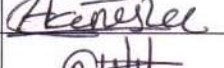
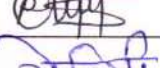
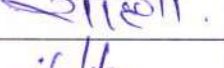
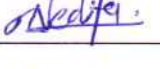
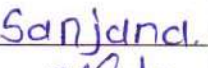
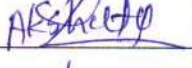
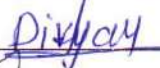
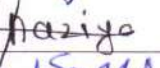
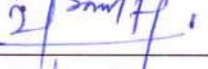

(Maharashtra Times – 26-10-2024)

List of Participant is Attached

Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)

Dept. of Sociology

Attendances of Workshop on Gender Equity – (22 Oct. 2024)

Sr.No	Name	Gender	Designations	Signature
1)	Sayyed Mahak Kasim	female	student	
2)	Sunase Rutuja Suryakant	female	student	
3)	Tompe Sakshi Subhash	female	student	
4)	Ghodke Shreuti Kisan	female	student	
5)	Devakate Shradha Sunil	female	Student	
6)	Jadhav Poojisha Chhagan	"	"	
7)	Shaikh Aasma Ibrahim	-11-	-11-	
8)	Shaikh Saba Mukhtar	-11-	-11-	
9)	Shaikh Rubin Nayum	-11-	-11-	
10)	Kshirsagar Monika Kedarnath	-11-	-11-	
11)	Gaikwad Shweta Subhash	-11-	-11-	
12)	Waghmare Akanksha Kashinath	-11-	-11-	
13)	Patil Rutuja Subhan	-11-	-11-	
14)	Kamble Rohini Prashant	-11-	-11-	
15)	Chintale Nivedita Sadanand	-11-	-11-	
16)	Chopade Sanjana Kamalakar	-11-	-11-	
17)	Akshata Babasaheb Maske	-11-	-11-	
18)	Borde Divya Balaji	-11-	-11-	
19)	Saudagar Naziya Shahed	-11-	-11-	
20)	Hake Yashwant Ram	Male	student	
21)	Nathagogi Amol Ramkishan	male	student	
22)	Sathe Rajashri Haridas	Female	student	