

Shiv Chhatrapati Shikshan Sanstha's Rajarshi Shahu Mahavidyalaya (Autonomous), Latur Department of Sanskrit A) A Summary Report of the Activity

Date: 23.02.2022

1) Title of Programme:		National Webinar on Importance of Ayurveda in Holistic Health.		
2) Name of Organizing		Rajarshi Shahu Mahavidyalaya (Autonomous),		
Department/Unit:		Latur- Department of Sanskrit & Vaishvik Sanskrit		
2 opartmenty onth		Manch, Maharashtra.		
3) Name of the Coordinator(s)/		Programme Coordinator: 1) Dr. R. K. Arya		
Convener(s)/				
Organizer(s) of the programmer:				
4) Date(s) of the Programmer:		23.02.2022		
5) Venue/Mode		Online Platform		
		https://us02web.zoom.us/j/86420056739?pwd=Qz		
		FJY09iSmVMZEYzS0JHdXNCZU5Xdz09		
		Meeting ID: 864 2005 6739 Passcode: 620741		
		Department of Sanskrit, Rajarshi Shahu		
		Mahavidyalaya (Autonomous), Latur.		
6) Target Group:		11 th to U.G Students & Asst. Professores		
7) Number of Participants:		Male	Female	Total
A separate list with	Teaching	10	05	15
signatures be	Non-Teaching	00	00	00
maintained in the	Students	45	39	84
department/Unit)	Total		1	99
8) Name(s) and details of Resource		1) Prof. Dr. Brijesh Mishra		
Person(s), if any:		Professor and head		
		Department of Basic Principles of Ayurveda and		
		Compendia. UG, PG and PhD Guide Maharashtra		
		University of Health Sciences Nashik		
		2) Dr. Anilkumar Shukla, professor Mansarovar		
		Aayurveda Medical Mahavidyaalay & Research		
		centre, Bhopal. Madhyap	radesh.	
Chairnerson		Dr. Mahadev Gavhane		
Chairperson:-		Dr. Mahadev Gavhane Principal- Rajarshi Shahu	ı Mahavidyalay	
Chairperson:-		Dr. Mahadev Gavhane Principal- Rajarshi Shahu (Autonomous), Latur.Prin	ı Mahavidyalay ncipal- Rajarsh	
Chairperson:-		Dr. Mahadev Gavhane Principal- Rajarshi Shahu	ı Mahavidyalay ncipal- Rajarsh	
Chairperson:- 9) Total Expenditure for	• the Programme:	Dr. Mahadev Gavhane Principal- Rajarshi Shahu (Autonomous), Latur.Prin	ı Mahavidyalay ncipal- Rajarsh	
-	the Programme:	Dr. Mahadev Gavhane Principal- Rajarshi Shahu (Autonomous), Latur.Pri Mahavidyalaya (Autonom	ı Mahavidyalay ncipal- Rajarsh nous), Latur.	Shahu

I. Title of the Activity:-

National Webinar on Importance of Ayurveda in Holistic Health.

II. Introduction-

Many programs are organized every year by the Sanskrit department for the development of the students. This program was organized keeping in mind the development of the students. As per the guidance of the college, the Sanskrit department organizes many such programmers.

B) Report

III. Objectives of the Programme:-

1. Students will get information about the importance of Sanskrit language.

2. This program will develop the Students Sanskrit knowledge.

- 3. Students will get information about how Sanskrit language is speak.
- 4. Students will be helped for the study of Sanskrit.

IV. Details of Participants:-

Participants: 11th to U.G Students and Sanskrit staff.

Total participants: 172.

V. Brief Summary of Events/Sessions:

President: Principal, Dr. Mahadev Gavhane

Chief Guest and Resource Person:

1) Prof. Dr. Brijesh Mishra

Professor and head

Department of Basic Principles of Ayurveda and Compendia.

UG, PG and PhD Guide Maharashtra University of Health Sciences Nashik

2) Dr. Anilkumar Shukla,

Professor- Mansarovar Aayurveda Medical Mahavidyaalay

& Research centre, Bhopal. (Madhyapradesh)

Report of Program:-

The resource person had guided on Importance of Ayurved in Holistic Health and *it's* utility in modern times. He said that Ayurved has been given utmost importance in the NEP (New Education Policy). Ayurveda tells us to be healthy. It is more important than what to do after getting sick, how not to get sick. The rules of Ayurved are applicable in the world even today, it means how important knowledge our ancestors have given about health.

How can we use Ayurveda in modern times and provide good health to Indian people, this topic should be discussed. Medical students should pay attention to this and put a good solution in front of India.

VI. Conclusion, with Feedback on the Programme:-

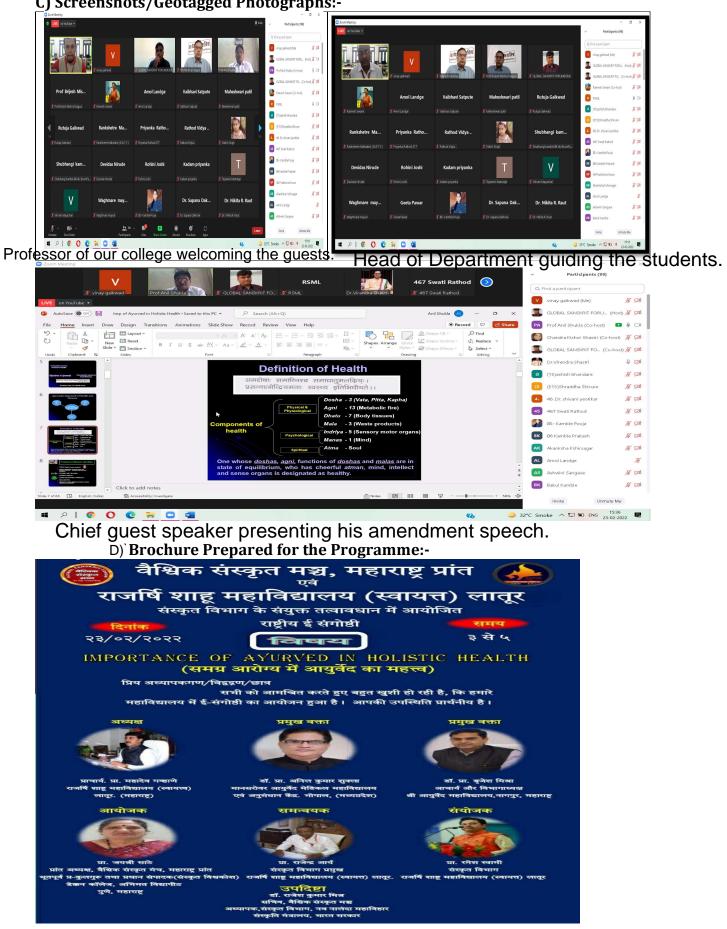
The students were greatly benefited from this program. The students presented their views on the program orally. We should have many such programs in front of us, expressed this kind of idea.

Outcome of workshop:

- Got information about how to use Ayurveda in life.
- Students get knowledge about recent job openings in Ayurved as well as how to prepare for it.
- The students got to knowledge about the importance of Sanskrit language.
- The students got to knowledge about the importance of Ayurved.
- Got information about how to protect health in our life.

HoD

Department of Sanskrit Rajarshi Shahu Mahavidyalaya Latur(Autonomous) PRINCIPAL Rajarshi Shahu Mahavidyalaya (Autonomous), Latur



C) Screenshots/Geotagged Photographs:-

E) Link of Video of the Programme:-

https://us02web.zoom.us/j/86420056739?pwd=QzFJY09iSmVMZEYzS0JHdXNCZU5Xdz09

F) Any other Publicity Material:-

