



**Shiv Chhatrapati Shikshan Sanstha's
Rajarshi Shahu Mahavidyalaya, Latur (Autonomous)
NSS Unit**

A) A Summary of the Activity:

1) Title of Programme:		Yoga and meditation Camp for Girls' Hostel Students		
2) Name of Organizing Department/Unit:		NSS Unit		
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:		Dr. K.D.Sawant		
4) Date(s) of the Programme:		10-09-2018		
5) Venue/Mode:		Campus Premises		
6) Target Group:		Girl Students		
7) Number of Participants: 66		Male	Female	Total
A separate list with signatures be maintained in the department/Unit)	Teaching	-	-	-
	Non-Teaching	-	-	-
	Students	-	32	32
8) Name(s) and details of Resource Person(s), if any:		---		
9) Total Expenditure for the Programme:		Nil		
10) Source of Funding:		Not applicable		

The NSS unit organized Yoga and Meditation Camp for Hostel Girls' Student. The Yoga and Meditation Program aims to provide a structured and rejuvenating experience for girls, promoting physical health, mental well-being, and a positive living environment.



Yoga and Meditation

Students Participants in Yoga and meditation Camp

Dat
Incharge



Hon'ble
Principal
PRINCIPAL
Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)