



**Rajarshi Shahu Mahavidyalaya, Latur**  
**(Autonomous)**  
**Department of NSS**



**A) A Summary Report of the Activity**

1) Title of Programme:	Awareness Program for use of sanitary napkins in rural area		
2) Name of Organizing Department/Unit:	NSS		
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:	<b>Dr. K. D. Savant</b> <b>Dr. Pushpalata Trimukhe</b> <b>Dr. S.V. Patil</b>		
4) Date(s) of the Programme:	<b>18-12-2019 to 19-12-2019</b>		
5) Venue/Mode	Kasargaon, Babhalgaon, and Ramjanpoor		
6) Target Group:	Girls and Women of villages of Latur District		
7) Number of Participants:	Male	Female	Total
A separate list with signatures be maintained in the department/Unit)	Teaching		
	Students	<b>02</b>	<b>04</b>
8) Name(s) and details of President:	<b>Smt. Dekte M. V.</b>		
9) Total Expenditure for the Programme:	<b>2000/-</b>		
10) Source of Funding:	<b>NSS, RSM, Latur</b>		

## B) Report

**i) Title:** Awareness Program for use of sanitary napkins in rural area

**ii) Introduction:**

One of the major concerns is tribal women do not easily accept sanitary pads due to old myth so it is challenge for us to organise repeated awareness programme in each villages. There is no local store or business that sells sanitary pads in this region. Due to remote and interior tribble area, it difficult for rural and tribal women to get sanitary pads during their periods at their doorstep. To ensure that no girl in rural and tribal India is susceptible to illnesses brought on by using soiled cloth instead of sanitary napkins, GVT aims to connect and penetrate its networks to funding agencies and sponsors who share our purpose. We were able to reach the district's rural areas with the assistance of the district administration, making our supply available to everyone. We want to make this a successful programme that allows everyone in the district's rural and tribal areas to easily acquire sanitary napkins without having to worry about their ability to pay

**iii) Objectives**

1. To increase awareness among adolescent girls on Menstrual Hygiene
2. To increase access to and use of high quality sanitary napkins to adolescent girls in rural areas.
3. To ensure safe disposal of Sanitary Napkins in an environmentally friendly manner.

**iv) Details of Participants:**

Total 08NSS Volunteers and PO participated in this program.

**v) Brief Summary of the Event:**

Department of NSS organized a Awareness Program for use of sanitary napkins in rural area in coordination with Lokmat Sakhi Manch. . Smt. Dekte M. V. trained the NSS volunteers for giving training and awareness use of sanitary napkins in rural area during 18-12-2019 to 19-12-2019. About 06 volunteers participated in this awareness Program in rural area and aware girls and women of villages for use of sanitary napkins.

Program Officers, Dr. Kalyan Sawant, Dr. Pushpalata Trimukhe, Dr. S.V.Patil, Prof. Vijay Gawali, Prof. Somdev Shinde took efforts to make this program successful.

**vi) Conclusion with feedback on the Programme:**

All villages are being supported to undertake IEC interventions related to MHM to bring about behaviour change. Culturally sensitive and gender-sensitive interventions are being promoted so that women and children are able to realize the benefits of safe MHM. Campaigns are being supported to make adolescent girls and women aware of ways to reduce and manage menstrual waste using appropriate products and technical option.

  
**Program Officer**  
कार्यक्रमाधिकारी,  
सहकारी सेवा योजना,  
राजर्षी शाहू महाविद्यालय  
लातूर-४१३ ५१२



  
**Principal**  
**PRINCIPAL**  
Rajarshi Shahu Mahavidyalaya, Latour  
(Autonomous)

**Photographs:**



**Group photo of volunteers after Street Play**



**Volunteers awakening the women about use of sanitary napkins**