



**Rajarshi Shahu Mahavidyalaya (Autonomous),
Latur**



Department of NSS

A) A Summary Report of the Activity

1) Title of Programme:	One day seminar on Personality development and De-addiction
2) Name of Organizing Department/Unit:	NSS
3) Name of the Coordinator(s) of the Programme:	Organizers: Hon. Principal Dr. Mahadev Gavhane Hon. Vice-Principal Prof. Sadashiv Shinde Coordinators : Dr. K. D. Savant Dr. Pushpalata Trimukhe Dr. Prakash Rodiya
4) Date(s) of the Programme:	02.10.2023
5) Venue/Mode	Rajarshi Shahu Mahavidyalaya (Autonomous), Latur
6) Target Group:	NSS volunteers and UG & PG Students
7) Number of Participants:	119
8) Name(s) and details of Resource Person(s), if any:	Hon. Dr. K. D. Savant NSS Program Officer Rajarshi Shahu Mahavidyalaya (Autonomous), Latur
9) Total Expenditure for the Programme:	1000/-
10) Source of Funding:	NSS

B) Report

i) **Title:** One day seminar on Personality development and De-addiction

ii) Introduction :

In today's fast-paced world, characterized by myriad challenges and distractions, the need for holistic personal development and combating addiction has never been more crucial. Recognizing this imperative, the National Service Scheme (NSS) department of Rajarshi Shahu Mahavidyalaya, Latur in collaboration with Eager to Forge Ahead Institute, Bhubaneswar, Odisha, has organized one day seminar on 4.3.2024 focusing on Personality Development and De-addiction. This seminar serves as a platform to address multifaceted aspects of individual growth and well-being, encompassing psychological, emotional, and social dimensions. Through insightful sessions, interactive workshops, and expert-led discussions, participants will explore strategies for enhancing their personalities and overcoming addiction tendencies.

ii) Objectives:

1. To Foster a deeper understanding of oneself, including strengths, weaknesses, values, and aspirations.
2. To Encourage participants to reflect on their personality traits, behavior patterns, and areas for personal growth.
3. To Provide participants with practical strategies and tools for enhancing their personal development journey.
4. To Increase awareness about the prevalence, causes, and consequences of addiction, including substance abuse, alcoholism, gambling, and internet addiction.

.iv) Details of Participants:

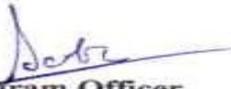
119 NSS Volunteers participated in the event.

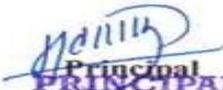
v) Brief Summary of the Event:

On 4.3.2024 Rajarshi Shahu Mahavidyalaya (Autonomous), Latur and Rajarshi Shahu Mahavidyalaya, Latur in collaboration with Eager to Forge Ahead Institute, Mumbai has organized one day seminar on 4.3.2024 focusing on Personality Development and De-addiction. For this event Principal Dr. M.H.Gavhane, Vice-Principal Prof. Sadashiv Shinde, Prof. Somdev Shinde, were present. About 105 students participated in the seminar. Program Officer, Dr. Kalyan Sawant, Dr. Pushpalata Trimukhe, Dr. Prakash Rodiya, Prof. Vijay Gavli, Dr. Bhimrao Patil etc. took efforts to make this program successful.

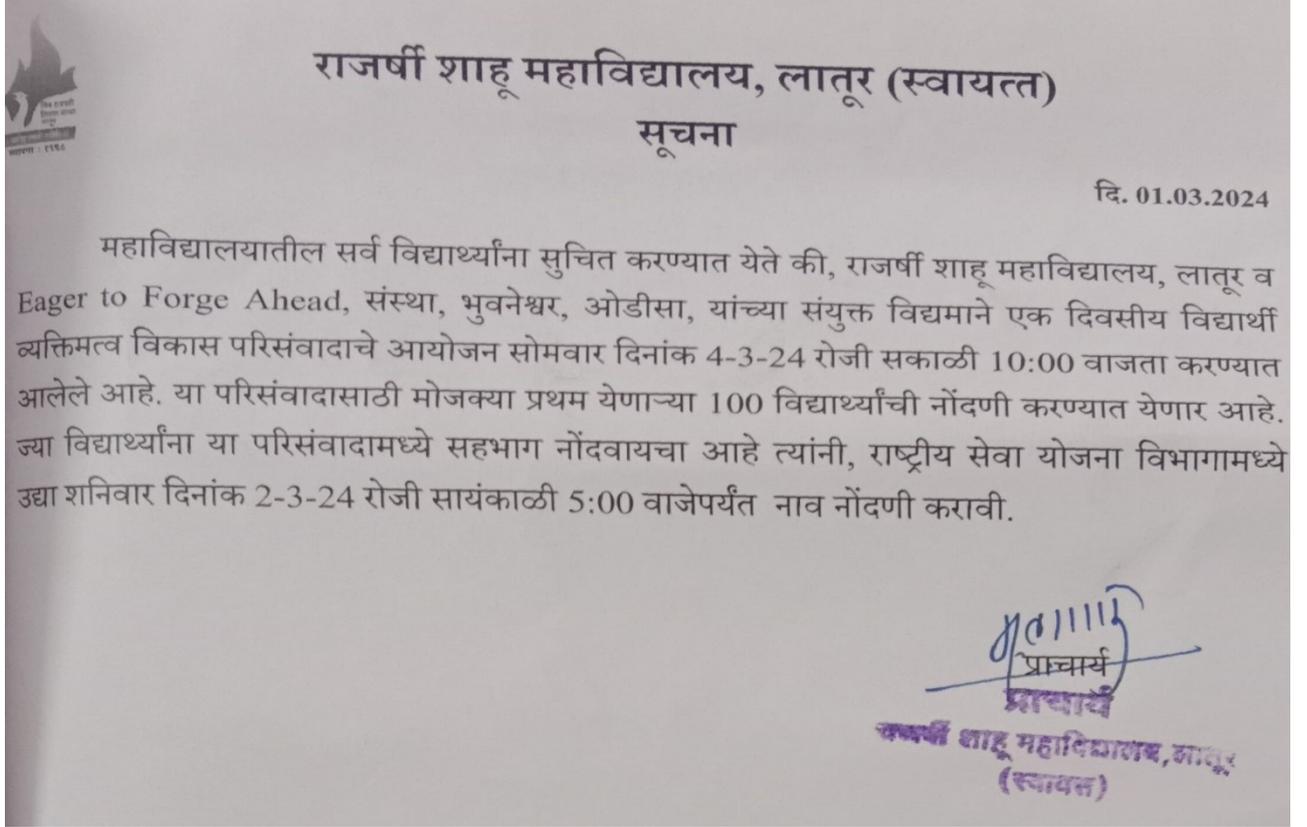
vi) Conclusion with feedback on the Programme:

In this seminar, 119 NSS Volunteers participated. Overall, the NSS activity on Personality Development and De-addiction aims to empower individuals with the tools, resources, and support needed to lead healthier, more fulfilling lives free from the grips of addiction.


Program Officer
Program Officer
National Service Scheme
Rajarshi Shahu Mahavidyalaya,
Latur: 413 512


Principal
PRINCIPAL
Rajarshi Shahu Mahavidyalaya
(Autonomous), Latur

C) Photographs / Screenshots :



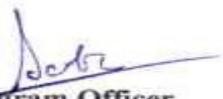
Inauguration of the one day seminar on Personality development and De-addiction

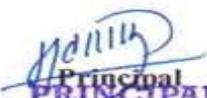


Resource person guiding to the students in the one day seminar on Personality development and De-addiction



NSS volunteers participated in the one day seminar on Personality development and De-addiction


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