



Shiv Chhatrapati Shikshan Sanstha's

Rajarshi Shahu Mahavidyalaya, Latur

Autonomous

Department of Biotechnology and Food Processing Technology

A) Summary Report

1) Title of Programme:		Guest lecture on "Health awareness and nutrition"		
2) Name of Organizing Department/Unit:		Biotechnology & Food Processing Technology		
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:		Principal: Dr. M. H. Gavhane Vice- Principal: Dr. A. J. Raju Head: Dr. S. S. Kulkarni		
4) Date(s) of the Programme:		03 th August 2019		
5) Venue/ Mode:		Department of Biotechnology		
6) Target Group:		UG & PG students of Biotechnology and Food Processing Technology.		
7) Number of Participants: 189		Male	Female	Total
A separate list with signatures be maintained in the department/Unit)	Students	Nil	189	189
8) Name(s) and details of Resource Person(s), if any:		1. Dr. Rakhi Sarda 2. Dr. Rachana Jaju 3. Dr. Swati Gore		
9) Total Expenditure for the Programme:		NIL		
10) Source of Funding:		Not Applicable		

B) Report:

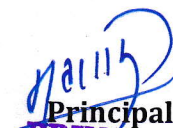
Guest lecture on "Health awareness and nutrition"

A guest lecture on "Health Awareness and nutrition " was conducted by **department of biotechnology and Emcure** for Anemia free India on 3rd Aug. **Dr. Rakhi Sarda** delivered guest lecture on menstrual cycle, its regularity, prevention measure should be taken for any gynec disease. In Second session **Dr. Rachana Jaju** explains importance of proper diet, Exercise, and life style to maintain a good health. **Dr. Swati Gore** guided on social aspect, stress hormone, behavior and moral education. This lecture aims to provide valuable information and insights into various aspects of women's health, with a focus on preventive measures, early detection of health issues, and overall wellness. At the end of this program interaction session was conducted to discuss their personal problems and issues with experts.



**Head
Head**

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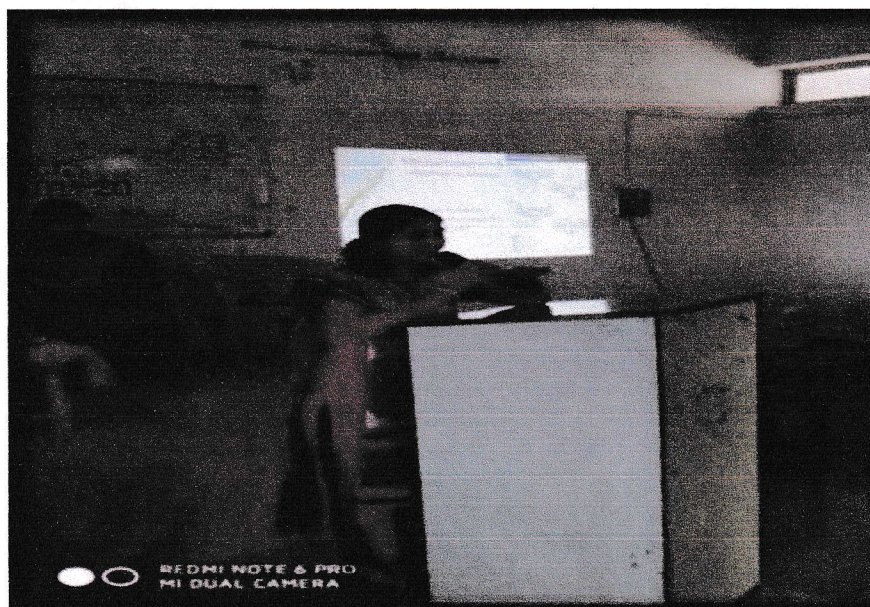
**Principal
PRINCIPAL**

Rajarshi Shahu Mahavidyalaya
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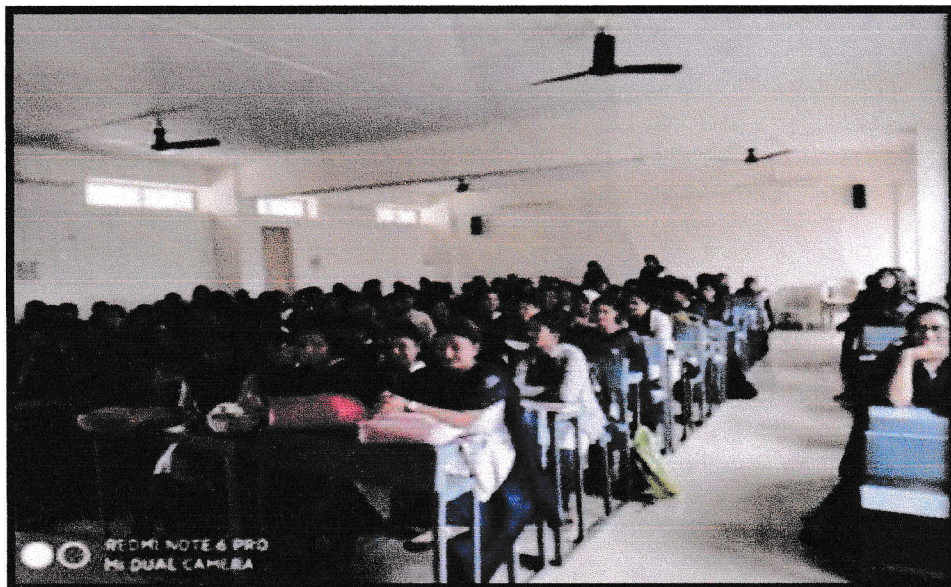
C) Photograph:



Ms. C. V. Chavan felicitating Dr. Rakhi Sarda in Guest lecture on Health awareness and nutrition organized by Department of Biotechnology and Food Processing Technology.




Dr. Rakhi Sarda delivering lecture on menstrual cycle, its regularity, prevention measure.



Participants actively listening to the resource person Dr. Swati Gore in the department of Biotechnology

Date: 04/08/2019


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