



**Shiv Chhatrapati Shikshan Sanstha's  
Rajarshi Shahu Mahavidyalaya (Autonomous), Latur  
Department of Biotechnology  
A) A Summary Report of the Activity**

1) Title of Programme:		One day Seminar on "Effect of Lifestyle on Adolescence"		
2) Name of Organizing Department/Unit:		Department of Biotechnology		
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:		: Chief Organizer: Dr. Mahadev Gavhane :Convenor: Dr. S. S. Kulkarni		
4) Date(s) of the Programme:		22 <sup>nd</sup> December 2020		
5) Venue/ Mode:		Online (ZOOM Platform)		
6) Target Group:		B.Sc. & M.Sc. students		
7) Number of Participants:		Male	Female	Total
A separate list with signatures be maintained in the department/Unit)	Teaching	02	01	02
	Non-Teaching	00	00	00
	Students	80	84	164
8) Name(s) and details of Resource Person(s), if any:		Dr. Swati Gore President, MPH, Latur Dr. Sharda Irpatgire Venkateshwar Hospital, Latur		
9) Total Expenditure for the Programme:		NIL		
10) Source of Funding:		Not Applicable		

## **B) Report**

### **i. Title**

One day seminar on "Effect of Lifestyle on Adolescence"

### **ii. Introduction**

Adolescents form two-thirds of our population. This is a unique group of people with special needs. The aims of this seminar was to identify the lifestyle and behavioral patterns in this group of people and subsequently come up with issues that warrant special attention and also focus on Adolescent Gender-Role identity and mental health. Department of Biotechnology in collaboration with Mission Pink Health IMA & IMA Women's doctor Wing Latur organizes a one Day seminar on "Effect of Lifestyle on Adolescence...." Dated 22<sup>nd</sup> December 2020.

### **iii. Objectives of the Programme/ issues addressed**

- To identify the lifestyle and behavioral patterns in this group of people and subsequently come up with issues that warrant special attention.
- To enable students to develop independent thought and independent action.
- Be able to understand Gender role in adolescence.

### **iv. Details of Participants**

164 students (80 Male and 84 female) attended the Seminar.

### **v. Brief Summary of Events/ Sessions**

Chairperson of this Program Dr. M. H. Gavhane Principal of Rajarshi Shahu Mahavidyalaya (Autonomous) Latur, inaugurated the program and introduced college and various activities conducted in college. Dr. S.S. Kulkarni introduced guest of the Programme and briefly introduced departmental activity. Dr. Swati Gore President of Mission Pink Health IMA & IMA Women's doctor Wing Latur address all young mind on very important issue of 21st century like Gender -Role identity and mental health and also focused on issues & sleep disorders amongst women's due to adolescence. Substance abuse and other addictions were documented more in males whereas sleep disorder and depression issue were observed in female. Watching television


or listening to music was stated as the most common late-night activity and therefore was also referred to as the contributory factor for less than eight hours of sleep each day. This problem progress slowly may lead to depression, addictions, mental stress and many physical problems. Dr. Swati Gore also gave many suggestions, solutions and ways to find the problem of adolescence at early phases.

#### vi. Conclusion, with Feedback on the Programme

The lecture was about adolescents, most adolescents with lifestyle issues fell in the age group of 18-23 years. In the conclusion it must say that adolescents need to be treated as a distinct segment of our population and it is important to realize and address their health and lifestyle problems. Families can play an important role to help these adolescents live a healthier life. This Seminar helped the students to cope up with problems of adolescence and also understand the Gender role in adolescence.

#### vii. Appendix: List of Participants.

Date: 23<sup>rd</sup> December 2020.

  
HOD 23.12.20

**Head**  
Department of Biotechnology  
Rajarshi Shahu Mahavidyalaya  
(Autonomous) Latur-413 531

  
Principal  
Rajarshi Shahu Mahavidyalaya  
(Autonomous), Latur



### C) Geotagged Photographs/ screenshots:




A screenshot of a list of attendees, likely from a Zoom meeting. The list is displayed in a scrollable view with a search bar at the top. Each entry consists of a circular profile picture (or initials), the name of the attendee, and a status icon on the right. The status icons are small red squares with white text, indicating the attendee's current status (e.g., 'On', 'Off', 'Muted').


Name	Status
Suraj Kadam	On
Abhechek Kandarphale	On
Abhishek More_70	On
Anjali Arjune	On
Bhalke pratiksha	On
Chandani Saraf	On
Devkutte Akshay	On
Ishwari warad	On
Jadhav Ganesh	On
Kavathe Mohini	On
Kawthe sanghani	On
Kranti Rajgsonkar	On
Lahade priyanka	On
Lohakare Yogeshwari	On
Namrata Narvate	On
Nandkishor Admane	On
NARESH KASBE	On
Neha Bembade	On
Padmakar Kulkarni	On
Patil Bhagyashri	On
Pavan Korate	On
Pooja Gummie	On
Prachi bansode	On
Pratham Thorat	On
Pratiksha Birajdar	On
Pratiksha surwase	On
PRUTHVIRAJ DHAYGUDE	On
Ram Dhamale	On
Ranjeet Pawar	On
Rutuja Jadhav	On
Sakshi Rajput	On
samina shaikh	On
Sanghmitra Mahalinge	On
Shaikh Amir	On
Sharayu Nita	On
Shivani Gate	On
Singare Aditi	On
Umesh Horte	On
vaishnavi almole	On
Vaishnavi pawar	On
vijay borker	On
VISHNU PAWAR	On
Yogita Niture	On

screenshot of attendees

D) Brochure Prepared for the Programme:



Shiv Chhatrapati Shikshan Sanstha's



**Rajawshi Shahu Mahavidyalaya  
(Autonomous), Latur.**

**One Day Seminar on  
Effects of Lifestyle on Adolescence...**


Organized by  
Department of Biotechnology & Mission Pink Health, Latur.

**Dr. Sachin Kulkarni**  
Head, Department of Biotechnology

**Dr. Swati Gore**  
President, MPH, Latur


**Dr. Mahadev Gavhane**  
Principal, R. S. M., Latur


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 Zoom Link

[https://emcure.zoom.us/j/98356791989?  
pwd=NDE4TFZkckZlVlh4U2pJVTA4azY5UTo9](https://emcure.zoom.us/j/98356791989?pwd=NDE4TFZkckZlVlh4U2pJVTA4azY5UTo9)

**Meeting ID - 98356791989**  
**Pass code - oroferxt**

 10:30 AM to 11:30 AM

 22 December  
2020

**Rajarshi Shahu Mahavidyalaya (Autonomous), Latur**  
**Department of Biotechnology**  
**One day Seminar on "Effect of Lifestyle on Adolescence"**  
**List of Participants**

<b>Sr. No</b>	<b>Name of The Participants</b>	<b>Gender</b>	<b>Designation</b>
1	Agwane Rohini Bhausahab	Female	Student
2	Almale Vaishnavi Dagdu	Female	Student
3	Arjune Anjali Hari	Female	Student
4	Balure Aarti Ramrao	Female	Student
5	Bansode Prachi Piraji	Female	Student
6	Bembade Neha Mahadev	Female	Student
7	Bhalke Pratiksha Rajkumar	Female	Student
8	Birajdar Pratiksha Prakash	Female	Student
9	Gadekar Malti Balaji	Female	Student
10	Gaikwad Ashlesha Dileep	Female	Student
11	Gaikwad Swati Kakasaheb	Female	Student
12	Gate Shivani Samadhan	Female	Student
13	Gumme Pooja Shatrughan	Female	Student
14	Jadhav Rutuja Bharat	Female	Student
15	Jaybhay Neha Mahadev	Female	Student
16	Kamble Kanchan Sambhaji	Female	Student
17	Kamble Pranita Madhav	Female	Student
18	Kankal Shraddha Sanjay	Female	Student
19	Kapre Amruta Balaji	Female	Student
20	Kavathe Mohini Ganpat	Female	Student
21	Kawthe Sanjivani Bhagwat	Female	Student
22	Lahade Priyanka Vasudev	Female	Student
23	Lohakare Yogyashri Ankush	Female	Student
24	Mahalinge Sanghmitra Balaji	Female	Student
25	Mandale Prajkta Fulchand	Female	Student
26	Mule Pratibha Eknath	Female	Student
27	Narvate Namrata Indrajit	Female	Student
28	Nila Sharayu Sanjay	Female	Student
29	Niture Yogita Yuraj	Female	Student
30	Panchal Gayatri Devidas	Female	Student
31	Patel Aliya Sadik	Female	Student
32	Patil Bhagyashri Rajendra	Female	Student
33	Pawar Shweta Sharad	Female	Student

34	Pawar Vaishnavi Prakash	Female	Student
35	Pethe Vaishnavi Rajkumar	Female	Student
36	Rajegaonkar Kranti Ravindra	Female	Student
37	Rajmane Mansi Sanjeev	Female	Student
38	Rajput Sakshi Vijaysing	Female	Student
39	Raut Sandhyarani Ganesh	Female	Student
40	Salunke Mrunal Raosaheb	Female	Student
41	Sankaye Shambhavi Somnath	Female	Student
42	Saraf Chandani Jitendra	Female	Student
43	Shaikh Samina Mahamad	Female	Student
44	Shinde Monika Dagdu	Female	Student
45	Shinde Priyanka Baburao	Female	Student
46	Shinde Sneha Appasaheb	Female	Student
47	Singare Aditi Ramkrushan	Female	Student
48	Sontakke Monika Sahebrao	Female	Student
49	Surwase Pratiksha Dattatray	Female	Student
50	Warad Ishwari Ashok	Female	Student
51	Bansode Rutika Mahadev	Female	Student
52	Bembade Sujata Dattatraya	Female	Student
53	Bhosale Vaishali Nagurao	Female	Student
54	Bhujbal Pallavi Siddhaling Suresh	Female	Student
55	Chandrabansi Maahi Rajendralal	Female	Student
56	Devkule Shital Balaji	Female	Student
57	Dhone Vijaya Shivaji	Female	Student
58	Gaikwad Raveena Govind	Female	Student
59	Gajendra Hrutuja Keshav	Female	Student
60	Gunale Pratiksha Suryakant	Female	Student
61	Jadhav Dnyaneshwari Sayaji	Female	Student
62	Jadhav Pallavi Govind	Female	Student
63	Jadhav Shreya Tukaram	Female	Student
64	Jodtale Shubhangi Pandurang	Female	Student
65	Joshi Kanchan Sudhir	Female	Student
66	Kale Pratiksha Vilas	Female	Student
67	Kamble Amrapali Pandurang	Female	Student
68	Kamble Anjali Sunil	Female	Student
69	Kamble Maya Shivraj	Female	Student
70	Kulkarni Manali Shrikant	Female	Student
71	Malang Pranjali Gangadhar	Female	Student
72	Mali Bhagyashri Murlidhar	Female	Student

73	Mane Pooja Ankush	Female	Student
74	Mane Puja Jaysing	Female	Student
75	Naygaonkar Aditi Someshwar	Female	Student
76	Padampalle Deepali Maroti	Female	Student
77	Patil Renuka Ashok	Female	Student
78	Puri Maheshwari Sanjay	Female	Student
79	Rupnar Vaishnavi Gundaji	Female	Student
80	Sagar Puja Suryakant	Female	Student
81	Sasane Divya Rajkumar	Female	Student
82	Saudagar Shabbe Hayat Layakh	Female	Student
83	Solanke Tejal Shivdas	Female	Student
84	Somase Jyoti Hanumant	Female	Student
85	Adde Shubham Siddheshwar	Male	Student
86	Badole Sunil Ningappa	Male	Student
87	Dandime Rushikesh Ramchandra	Male	Student
88	Gade Sunil Suryakant	Male	Student
89	Gaikwad Om Pralhad	Male	Student
90	Gavali Vitthal Ajay	Male	Student
91	Gawali Dattatray Jivanrao	Male	Student
92	Gaware Aniket Hanumant	Male	Student
93	Hiremath Karabasayya Basayya	Male	Student
94	Joshi Arjun Hanumant	Male	Student
95	Karande Rohan Nagnath	Male	Student
96	Kukale Saurabh Devanand	Male	Student
97	Kulkarni Manoj Mahesh	Male	Student
98	Maddewad Rupesh Ramesh	Male	Student
99	Mane Lokesh Shrimant	Male	Student
100	Niturkar Mandar Mahesh	Male	Student
101	Parihar Vijay Singh Uddhavrao	Male	Student
102	Patil Manoj Mahavir	Male	Student
103	Patil Nandkishor Dadasaheb	Male	Student
104	Patil Rohit Dattatraya	Male	Student
105	Pawar Deepak Dhananjay	Male	Student
106	Pawar Vishal Balaji	Male	Student
107	Pujari Akshay Trimbak	Male	Student
108	Rankhamb Rushikesh Ramkisan	Male	Student
109	Shalivahan Ajay Chandrakant	Male	Student
110	Shinde Ashitosh Kishan	Male	Student
111	Swami Rohan Somnath	Male	Student



112	Tamboli Arbaz Sikandar	Male	Student
113	Tarkase Adarsh Bansee	Male	Student
114	Vatte Aditya Suryakant	Male	Student
115	Wangale Avinash Balaji	Male	Student
116	Avate Rohit Rajendra	Male	Student
117	Bhatane Om Rajendra	Male	Student
118	Bone Yogesh Revan	Male	Student
119	Boudhveer Sumedh Dileep	Male	Student
120	Chavan Rushikesh Vijay	Male	Student
121	Chavan Tushar Sanjay	Male	Student
122	Dande Sagar Vilas	Male	Student
123	Davane Akash Somnath	Male	Student
124	Devkatte Akshay Madhavrao	Male	Student
125	Dharashive Rohit Dhananjay	Male	Student
126	Dhawale Yash Madhukar	Male	Student
127	Dhulshette Ashish Gangaram	Male	Student
128	Disle Pratap Kakasaheb	Male	Student
129	Diwate Prashant Balasaheb	Male	Student
130	Faridabadkar Rohit Dayanand	Male	Student
131	Gaikwad Suraj Ram	Male	Student
132	Gitte Mahadev Dnyanoba	Male	Student
133	Hadbe Virendra Sugriv	Male	Student
134	Irlapalle Rohan Bhaskar	Male	Student
135	Jadhav Dipak Rajendra	Male	Student
136	Jadhav Mangesh Madhukar	Male	Student
137	Jadhav Sudarshan Govardhan	Male	Student
138	Jogdand Rushikesh Ramrao	Male	Student
139	Kale Mahesh Ginyandev	Male	Student
140	Kare Lakhnan Narshing	Male	Student
141	Kendre Krishna Kondiba	Male	Student
142	Khangle Sachin Ashok	Male	Student
143	Khichade Nagesh Dayanand	Male	Student
144	Kokate Pranit Ramdas	Male	Student
145	Kore Shivatej Santosh	Male	Student
146	Kotapure Yogesh Trimbak	Male	Student
147	Lahade Abhijeet Chakradhar	Male	Student
148	Mane Rushikesh Rajendra	Male	Student
149	Menkudle Prathmesh Rajkumar	Male	Student
150	Mitkari Sachin Basvaraj	Male	Student

