Shiv Chhatrapati Shikshan Sanstha's

Rajarshi Shahu Mahavidyalaya, Latur

Empowered Autonomous institution

Department of Microbiology

(A) Summary Report of the Activity

1) Title of Programme:		Guest Lecture on Impact of Balanced Diet on Human Health.		
2) Name of Organizing Department/Unit:		Department of Microbiology		
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:		Organizer - Dr. K. D. Savant, Head Dept. of Microbiology. Coordinator - Mr. R.U. Zadke		
4) Date(s) of the Programme:		21 September 2026		
5) Venue/Time:		VLC Hall, 12.30 pm		
6) Target Group:		B.Sc. and M. Sc. students		
7) Number of Participants:		Male	Female	Total
A separate list with signatures be maintained in the department/Unit)	Teaching	03	02	05
	Non-Teaching	02	-	02
	Students	6	62	68
				75
8) Name(s) and details of Resource Person(s), if any:		Dr. Priyanka Shendage		
9) Total Expenditure for the Programme:		NA		
10) Source of Funding:		NA		

(B) Report

i. Title: Guest Lecture on "Impact of Balanced Diet on Human Health"

ii. Introduction:

To illuminate the vital relationship between nourishment and well-being, the Department of Microbiology at Rajarshi Shahu Mahavidyalaya, Latur organized a guest lecture on 21st September 2026 on the; "Impact of Balanced Diet on Human Health". Dr. Priyanka Shendage, dietician, addressed the students and shared insights into the role of balanced nutrition in maintaining health. The programme sought to connect scientific understanding with everyday dietary choices and encourage students to approach their health with awareness and responsibility.

iii. Objectives of the Programme:

1. To raise awareness regarding balanced nutrition, its essential components and its role in maintaining human health.
2. To cultivate healthy dietary habits, encouraging students to make informed food choices in their daily lives.
3. To strengthen understanding of nutritional deficiencies, their consequences and the importance of a varied diet.
4. To bridge academic learning and practical health guidance, connecting scientific concepts with the nutritional needs of students.
5. To inspire academic and professional ambition, by introducing students to the relevance of nutrition and dietetics in health-related fields.

iv. Details of Participants: More than 70 students participants (UG & PG)

v. Brief Summary of Events:

The Department of Microbiology organized the guest lecture for undergraduate and postgraduate students at VLC Hall, Rajarshi Shahu Mahavidyalaya, Latur. The session provided an opportunity for students to learn from Dr. Priyanka Shendage, dietician, on the topic "Impact of Balanced Diet on Human Health". The lecture addressed the components of a balanced diet, the major food groups and the importance of nutritional balance in daily life. Dr. Shendage discussed deficiency disorders and offered practical dietary guidance relevant to students. The session encouraged students to relate the subject to their own dietary habits and to understand the value

exchange on nutrition and health. The programme concluded with a formal vote of thanks acknowledging the dignitary, faculty members, organizers and participants for their contribution to the programme.

vi. **Conclusion, with Feedback on the Programme:**

The guest lecture offered students valuable insights into nutrition and its relationship with human health. The session was engaging, informative and educational, bringing practical dietary guidance into an academic setting. It fulfilled its aim of fostering health awareness and scientific temper, while encouraging students to develop responsible dietary habits and an informed approach to personal well-being.

vii. **Any Appendix If Necessary:** Nil

viii. **List of participants attached**

ix. **Date:** 23/09/2026

Head,
Department of Microbiology

HEAD
Dept. of Microbiology
Rajarshi Shahu Mahavidyalaya
LATUR - 413 512

Principal

PRINCIPAL
Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)

(C). Geo-tagged Photographs/ Screenshots

<table>
<tr><td></td><td></td></tr>
<tr><td>Dr. Priyanka Shendage addressing the students.</td><td>Students and faculty attending the guest lecture.</td></tr>
<tr><td></td><td></td></tr>
<tr><td>Welcome address given by Dr. K. D. Savant Sir</td><td>Guest lecture in progress at VLC Hall</td></tr>
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Brochure of the Programme

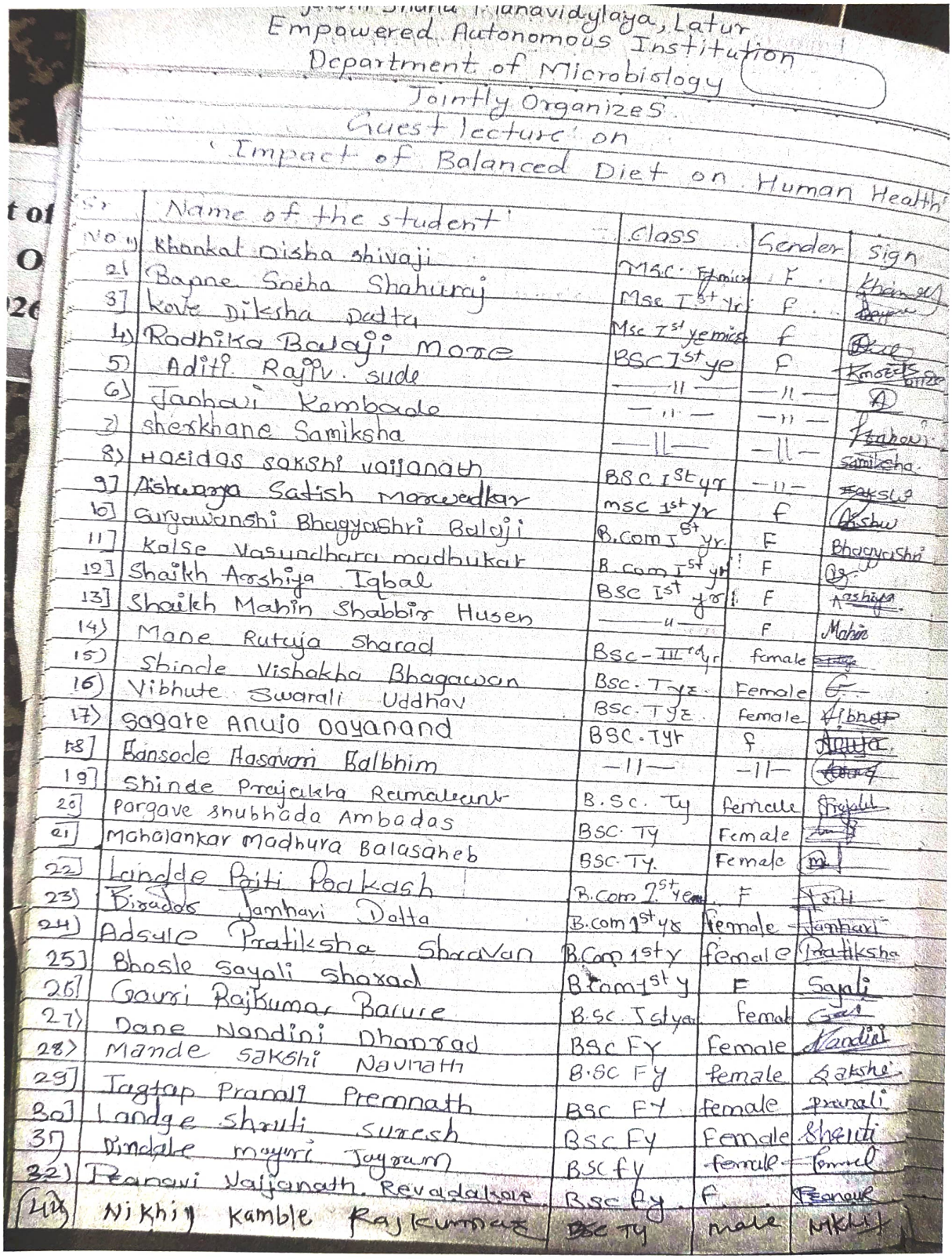


Shiv Chhatrapati Shikshan Sanstha's

Rajarshi Shahu Mahavidyalaya (Autonomous), Latur

Department of Microbiology

Student Participant list



...Mahavidyalaya, Latur
Empowered Autonomous Institution
Department of Microbiology
Jointly Organizes
Guest lecture on
'Impact of Balanced Diet on Human Health'

Sr. No.	Name of the student	Class	Gender	Sign
1)	Khankal Aisha shivaji	M.Sc. Chemistry	F	Khankal
2)	Bapne Sneha Shahuraj	Msc I st yr	F	Bapne
3)	Kore Diksha Datta	Msc I st yr chemistry	f	Kore
4)	Radhika Balaji More	BSC I st ye	f	Radhika
5)	Aditi Rajiv. sude	—11—	—11—	Aditi
6)	Jahnavi Kambade	—11—	—11—	A
7)	sherkhane Samiksha	—11—	—11—	Jahnavi
8)	Hasidas sakshi vaijanath	—11—	—11—	samiksha
9)	Aishwarya Satish Marwedkar	BSC I st yr	—11—	Sakshi
10)	Suryawanshi Bhagyashri Balaji	msc I st yr	f	Aishw
11)	Kalse Vasundhara madhukar	B.com I st yr.	F	Bhagyashri
12)	Shaikh Arshiya Iqbal	B.com I st yr	F	Arshiya
13)	Shaikh Mahin Shabbir Husen	BSC I st yr	F	Mahin
14)	Mane Rutuja Sharad	—11—	F	Rutuja
15)	Shinde Vishakha Bhagawan	Bsc-III rd yr	female	Vishakha
16)	Vibhute Swarali Uddhav	Bsc. Tyr.	Female	Swarali
17)	Sagare Anuja Dayanand	Bsc. Tyr.	Female	Vibhute
18)	Bansode Aasavari Balbhim	BSC. Tyr	f	Anuja
19)	Shinde Prajaksha Ramakant	—11—	—11—	Aasavari
20)	Pargave Shubhada Ambadas	B.Sc. Ty	female	Prajaksha
21)	Mahalankar Madhura Balasaheb	BSC. TY	Female	Shubhada
22)	Landde Jyoti Prakash	BSC. Ty.	Female	Madhura
23)	Birader Janhavi Datta	B.Com 2 st yr	F	Jyoti
24)	Adsule Pratiksha Shravan	B.com 1 st yr	female	Janhavi
25)	Bhosle Sayali sharad	B.Com 1 st y	female	Pratiksha
26)	Gauri Rajkumar Barure	B.com 1 st y	F	Sayali
27)	Dane Nandini Dhanrad	B.Sc. I st yr	female	Gauri
28)	Mande Sakshi Navnath	BSc FY	Female	Nandini
29)	Jagtap Pranali Premnath	B.Sc FY	female	Sakshi
30)	Landge Shruti Suresh	BSC FY	female	pranali
31)	Bindale mayuri Jayram	BSc Fy	Female	Shruti
32)	Pranavi Vaijanath. Revaddalkar	BSC fy	female	Mayuri
33)	Nikhil Kamble Rajkumar	Bsc fy.	F	Pranavi
		BSC TY	male	NKhil

30)	Bhakare Vaishnavi Dhananjay	B.Sc F.Y.	F	Vaishnavi
33)	Bobade Shivaji Jamadar	B.Sc FY	F	Bobade
34)	Sayali Gopal shinde	Bsc. Fy	F	Sayali
35)	Pallavi Narayan Tudukzad	B.Com	F	Pallavi
36)	Nandani Gokulsing Bajas	B.Com	F	Nandani
37)	Renuka Damodhar Jadhav	B.Com	F	Renuka
38)	Dhanshri Sambhaji kaste	B.Com	f	Dhanshri
39)	Mansi shivshankar Milkari	B.Com	F	Mansi
40)	Namrata Prakash futane	B.Com	f	Namrata
41)	Nedika chandrakant mallakute	B.Com I	F	Nedika
42)	Harshada Dnyaneba Pawar	B.Com I	F	Harshada
43)	Kranti Bharat Gaykwad	B.Com I	F	Kranti
44)	Jadhav Rajnandani Ashok	B.Com I	f	Rajnandani
45)	Pawar Sakshi Shankar	B.Com I	F	Sakshi
46)	Sapate Ankita Rohidas	B.Com I	F	Ankita
47)	More Siddhi Yuvraj	B.Com I	f	Siddhi
48)	Tripati Anil Khirsagar	B.Com I	F	Tripti
49)	Priya Arun Yelgatte	B.Com I	F	Priya
50)	Swati sanjay Jadhav	B.Com I	f	Swati
51)	Munde Tanuja Bharat	B.Com I	F	Tanuja
52)	Dolse shreya Gulab	B.Com I	F	Shreya
53)	shikhare Pratiksha Lakshman	B.Com-I	f	Pratiksha
54)	Jadhav Anjali Narayan	B.Com-I	f	Anjali
55)	Amale Namrata Dattatra	B.Com-I	f	Namrata
56)	Gumte Aparna Vijaykumar	B.Com-I	F	Aparna
57)	Hajnale Radhika Umakant	B.Com-I	f	Radhika
58)	Jadhav shreya Rajesaheb	B.Com I	f	Shreya
59)	Salunke Tanvi Prashant	B.S.C TYs	f	Tanvi
60)	Vaishnavi Arvind Anantwad	B.SC TY	f	Vaishnavi
61	kutwade Sneha Vinayak	B.SC FY	F	Sneha
62)	Somwanshi Rupali Digambar	BSC FY	F	Rupali
63.	Kamble Nandini Balasaheb	Bsc.Iyr	female	Nandini
64	Salgar Prathmesh	BSc.TY	male	PSS
65)	Ghule Raghuveer Umakant	〃	〃	Raghuveer
66)	Yogiraj patil.	〃	〃	Yogiraj
67)	Giri. sahdev. M.	〃	〃	Giri
68)	Deshmukh Krushnakumar	M.Sc. II yr	〃	Krushna

Head
HEAD
Department of Microbiology
Rajarshi Shahu Mahavidyalaya

Principal
PRINCIPAL
Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)