# Rajarshi Shahu Mahavidyalaya (Autonomous), Latur Department of Political Science

1) Title of program :		One Day Capacity Building Program on positive productivity of mind during covid-19 pandemic		
2) Name of Organizing Department/Unit:		Department of Political Science		
3) Name of the Coordinator(s)/ Convener(s)/		Dr.Mahadev Gavhane		
Organizer(s) of the program				
4) Date(s) of the program		16-04-2021		
5) Venue		Online		
6) Target Group		All College Faculty		
7) Number of Participants		Male	Female	Total
A separate list with	Teaching	90	62	152
signatures be maintained in	Students			
the department/Unit)				
8) Name(s) and details of Resource Person(s), if any:		<b>Dr. Baswaraj Khubba.</b> Psychologist ( Rajarshi Shahu mahavidyalaya Autonomous, Latur.)		
9) Total Expenditure for the program :		500/-		
10) Source of Funding:		Rajarshi Shahu mahavidyalaya		
		Autonomous, Latur.		

#### Introduction:

One-day Capacity building program was organized on One Day Capacity Building Program on positive productivity of mind during covid-19 pandemic. by department of Political Science. Mr **Dr. Baswaraj Khubba**. was a resource person in workshop and **Dr.Mahadev Gavhane** was in the chair.

While addressing the participant **Dr. Baswaraj Khubba** mentioned that, "If we think positive our it will helpful to keep mind happy during pandemic. At the end of workshop participant asked questions to the resource person and he guide the participant on specific questions.

From the college faculties of all Departments Professors were participated in workshop.

## **Objectives of the Programme / issues addressed:**

- 1) To stay Positive in covid-19 pandemic.
- 2) To get out from depression.
- 3) to Avoid negative thinking.

#### **Brief Summary of Events/ Sessions:**

On the demand of situation department organized Capacity Building Program. Program started at 11.00 by teams. Mr.Sudarshan Patil gaves the introduction of resource person. Resource person Dr.Baswaraj Khubba discussed on Mental health and gave participant the basic techniques to avoid negative thinking. The program ended by thanks speech which given by Prof.Dnyaneshwar Bansode.

### **Conclusion, with Feedback on the Programme:**

Department of Political Science very much aware about competition in society. So our being part of society our student and faculty also have to aware about. That's why department time to time organizes workshop, seminar, webinar part of department activity.



