



**Shiv Chhatrapati Shikshan Sanstha's
Rajarshi Shahu Mahavidyalaya, Latur (Autonomous)
Shahu Extension Services center.
Health And Wellness Committee**

**Activity Report
2021-22**

Name of Activity : Health Checkup Camp For Staff

Date : 01/10/2021

Place : Indoor Sports Hall

Target Group : Staff

Objectives :

- To check blood pressure, random blood sugar levels
- To reduce personal health care expenses
- To give advice regarding diet and exercise
- To give treatment on diseases, deficiencies found during checkup

Summary of the Activity:

Health and Wellness Committee and Department of Physical Education of the institution organized Health checkup camp dated on 1st October 2021 on the occasion of birthday of Honorable President Dr. Gopalrao Patil, Shiv Chhatrapati Shikshan Sanstha. Inaugural function held at indoor sports hall and inauguration done by Principal Dr. Mahadev Gavhane. 260 staff checked hypertension, diabetes and suspected staff referred for physicians opinion.



Outcome Of The Activity :

- Health Checkup Camp conducted successfully by Health and Committee as 260 staff members did their health checkup.
- Staff members' found variations in parameters and were given advice regarding diet and exercise.
- Found new suspects and were referred for physicians' opinion.


Fens.s.
**convener Medical Officer
Health Care Center
Rajarshi Shahu Mahavidyalaya
(Autonomous), Latur-413512**

y.d.1112
**Principal
PRINCIPAL
Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)**


Copies of flyer prepared for the session :



Shiv Chhatrapati Shikshan Sanstha's
**Rajarshi Shahu Mahavidyalaya
(Autonomous), Latur**



Selfless Service to Mankind is the essence of devotion for our beloved president **Dr.Gopalraoji Patil**
He inculcated Truth, Love, Peace & Pursuit of excellence among all of us.
"This earth is His, to Him belong those Vast & boundless Skies;
Both seas within him rest and yet in that small pool he lies,"
(Atharva Veda Book 4 Hymn 16)
This is so true for our president.
His life is a saga of selfless love for humanity.



To celebrate the birthday of our visionary iconic leader Dr. Gopalraoji Patil President, Shiv Chatrapati Shikshan Sanstha Latur, Dept. of Physical Education, Health and Wellness Committee & NSS Dept. organizes following wellness Programs:



Health Check up Camp
Date : 01/ 10/ 2021
Time 10.00 am to 2.00 pm
Venue :- Health care center RSML college Latur



Fit India Freedom Run 2.0
Date: 02/ 10/ 2021
Time:- 6.30 am to 7.30 am
Starting Point :- RSML main Campus



Blood donation Camp.
Date 04/10/2021
Time :- 11.00 to 2.00 pm.
Venue :- Senior RSML Campus.



Happiness Mantra : A Wellners Talk by Dr. Basawaraj Khubba.
Date 05/ 10/ 2021.
Time:- 4.00 to 5.00 pm



Tree plantation Program
Date 6/ 10/ 2021
Time 11.00 am.
Venue : Central Bus Stand Latur

Notice :

राजर्षी शाहू महाविद्यालय (स्वायत्त), लातूर
क्रीडा विभाग, राष्ट्रीय सेवा योजना व हेल्थ अँड वेलनेस विभाग
सूचना

दि. २९/०९/२०२१

महाविद्यालयातील सर्व प्राध्यापक, शिक्षक, शिक्षकेत्तर कर्मचाऱ्यांना सूचित करण्यात येते की, महाविद्यालयातील क्रीडा विभाग, हेल्थ अँड वेलनेस विभाग व राष्ट्रीय सेवा योजना विभाग यांच्या संयुक्त विद्यमाने 'फिट इंडीया : आजादी का अमृत महोत्सव वर्ष' यांच्या अंतर्गत पाच दिवसीय विविध उपक्रमांचे आयोजन करण्यात आलेले आहे.

या उपक्रमांमध्ये सर्वांची उपस्थिती अनिवार्य आहे.


प्राचार्य
राजर्षी शाहू महाविद्यालय
(स्वायत्त), लातूर

उपक्रम वेळापत्रक खालीलप्रमाणे राहील :

दिनांक	उपक्रम	वेळ	ठिकाण
०१/१०/२०२१	हेल्थ चेकअप	स. १०.०० ते दु. ०२.००	क्रीडा विभाग
०२/१०/२०२१	मिनी मॅरेथॉन ०५ कि मी	स. ०६.३० ते ०७.३०	महाविद्यालय - शिवाजी चौक - महाविद्यालय
०४/१०/२०२१	रक्तदान शिबीर	स. १०.०० ते दु. ०२.००	क्रीडा विभाग
०५/१०/२०२१	व्याख्यान	दु. ०४.०० ते ०५.००	व्हीएलसी हॉल
०६/१०/२०२१	घुक्षारोपण	स. ११.००	मुख्य बसस्थानक, लातूर

टिप:

- मिनी मॅरेथॉनसाठी सर्व धावकांनी पांढरा टी शर्ट, ट्रॅकपॅन्ट व स्पोर्ट्स शुज परिधान करावा. महिलांसाठी सुयोग्य पांढरा पोशाख परिधान करावा.
- मिनी मॅरेथॉनसाठी सकाळी ठीक ६.०० वा. महाविद्यालयात उपस्थित रहावे.

Banner :



Geo-tagged Photographs :



Inaugural function at Indoor Sports hall

Principal Dr. Mahadev Gavhane , Vice-Principal Dr. Raju, shiv chhatrapati shikshan sanstha secretary Dr Aniruddh Jadhav & member Dr. Raosaheb Kawale were present.



**Dr. Swati Fere explaining the health cards to Dr. Aniruddha Jadhav,
Dr. Mahadev Gavhane ,Dr. Raosaheb Kawale,Dr Raju.**





Dr. Swati Fere checking Blood pressure of Respected Dr. Aniruddha Jadhav



Students checking BP of Prof. Sadashiv Shinde.



Random Blood Sugar Level Checkup with Glucometer





Each Staff given a personal health card in which all details of his health conditions mentioned



List of Participants

Health Checkup Camp: 01/10/2021

अ.क्र.	प्राध्यापक/कर्मचाचरी यांचे संपुर्ण नांव	वय	मो.नं.	Sex
1.	प्रा. ए. जे. शिंदे	33 Yrs	9923736443	M
2.	Dr. Abhijit yadav	35 Yrs	9975213852	M
3.	Dr. Dayanand Raju	53 Yrs	9822251052	M
4.	Amr. Bhoinwal Amr. H.	28 Yrs	9767500734	M
5.	Munlidhar Jadhav	52 Yrs	7588613073	M
6.	Atadhye Anadhut Vijay	36 Yrs	9098500105	M
7.	Somdev shinde	48 Yrs	9284639022	M
8.	Yogesh Bansale	28 Yrs	9766550268	M
9.	Narasahab Kale	57 Yrs	9850047438	M
10.	Gurud Vasant Bansale	53 Yrs	9881672659	M
11.	Sajjanshetti Amol	28 Yrs	8828971714	M
12.	Narwate Datto	31 Yrs	8888388888	M
13.	Shelke Madhav	32 Yrs	9405447147	M
14.	Tilke C. B.	49 Yrs	8983090542	M
15.	Anil Dhumal	49 Yrs	8966711759	M

अ.क्र.	प्राध्यापक/कर्मचाचरी यांचे संपुर्ण नांव	वय	मो.नं.	Sex
16.	Abhijit mgle	20 Yrs	9860740869	M
17.	Dr. Archana Tak	86 Yrs	9850082403	F
18.	Satyajit yeigatte	37 Yrs	80821640	M
19.	Pradip Garambalekar	30 Yrs	7517091011	M
20.	Kishor Yuvraj Patel	33 Yrs	9765555141	M
21.	Siddeshiv N. Shinde	55 Yrs	9922208678	M
22.	Vijay Ashok Gavali	37 Yrs	9049171833	M
23.	Sanjay Ramnar Brijdar	57 Yrs	9422612161	M
24.	Maske Suryakant	54 Yrs	9623790501	M
25.	V. G. Udge	42 Yrs	9421397959	M
26.	Gavind Jadhav	56 Yrs	7498206216	M
27.	R. K. Atya	88 Yrs	9422643660	M
28.	Kodam S. V.	28 Yrs	9960041415	M
29.	Jadhav V. B.	60 Yrs	9764221798	M
30.	Shinde Mahesh Prakash	82 Yrs	8664492305	M

अ.क्र.	प्राध्यापक/कर्मचाचरी यांचे संपुर्ण नांव	वय	मो.नं.	Sex
31.	Harshkumar Bandgar	30 Yrs	9503418994	M
32.	Naxendra yadav	55 Yrs	9689700095	M
33.	Kharabe Nagnath	53 Yrs	9421975399	M
34.	Ramtebe Nargyan	51 Yrs	9856018501	M
35.	Rathod D. M.	57 Yrs	9765984127	M
36.	Kulkarni S. P.	47 Yrs	9420725107	M
37.	Kshirsagar S. S.	82 Yrs	9021694857	M
38.	Kewgare K. R.	26 Yrs	9588647111	M
39.	Bojare Anand	52 Yrs	9921190309	M
40.	Nitin parchal	31 Yrs	9689840101	M
41.	Vaibhav Mane	31 Yrs	9823945328	M
42.	Shradha Jadhav	35 Yrs	9767433120	M
43.	Jyashri Jadhav	44 Yrs	9960438622	F
44.	Chandrabhaha Kulkarni	42 Yrs	9422644416	F
45.	Ravikumar shelke	35 Yrs	7588665992	M

अ.क्र.	प्राध्यापक/कर्मचाचरी यांचे संपुर्ण नांव	वय	मो.नं.	Sex
46.	H. G. Joshi	52 Yrs	9329436017	M
47.	Sambhaji patil	47 Yrs	9423713051	M
48.	Yerolkar Mangesh	42 Yrs	7499323146	M
49.	Gawali Arun	38 Yrs	9970997814	M
50.	Datta Kamble	35 Yrs	9623678788	M
51.	Pradip Deshmukh	38 Yrs	9823164190	M
52.	Arun patil	34 Yrs	8208681160	M
53.	Ashok R. Galfade	50 Yrs	9096665991	M
54.	Ganesh Jambaldare	38 Yrs	904918957	M
55.	Ankush shendge	26 Yrs	985835087	M
56.	Dr. Chantashethkar Dhiren	39 Yrs	9825620283	M
57.	Toshi vijay	31 Yrs	9422181505	M
58.	Satyabhama shinde	60 Yrs	9168615109	F
59.	Jayashri shinde	56 Yrs	8080190683	F
60.	Devidatta sawant	52 Yrs	9822167366	M

अ.क्र.	प्राध्यापक/कर्मचाऱी यांचे संपूर्ण नांव	वय	मो.नं.	स्त्र
61.	Bhange Sangmeshwar	87yrs	9767351832	M
62.	Bhairavnath Gonde	28yrs	8805053442	M
63.	Manoj B. Bhandar	91yrs	9915175899	M
64.	Khandade Kishor	57yrs	9422080991	M
65.	Prakash Andhya	28yrs	8857329919	M
66.	Maske Papindra	25yrs	9764641640	M
67.	Sayyad Maseen	28yrs	9557677955	M
68.	Rathod Bagwan	29yrs	9769349923	M
69.	Jyoti Mashalkar	87yrs	996003954	F
70.	Chetana Ahle	49yrs	9921104453	F
71.	More Akash	24yrs	9519414181	M
72.	Ravikiran Gore	80yrs	9769331015	M
73.	Waghmode Popat	81yrs	9595126012	M
74.	Chhapalkar Navnath	85yrs	8087875325	M
75.	Sachin Kale	38yrs	9321363149	M

अ.क्र.	प्राध्यापक/कर्मचाऱी यांचे संपूर्ण नांव	वय	मो.नं.	स्त्र
91.	Sunil Raju Rane	37yrs	7588612499	M
92.	Aman K. Shaikh	87yrs	9226252732	M
93.	Krishna Deshmukh	33yrs	8482899570	M
94.	Bokade Bhagwan	82yrs	9767127437	M
95.	Gangane Jayraj	54yrs	9822502432	M
96.	Manojkumar Shivarom	52yrs	9428075749	M
97.	Rathod Jalindar	94yrs	9910047491	M
98.	Amol Sankamle	33yrs	8855808485	M
99.	Bhujisabeh Takale	38yrs	970145632	M
100.	Priya Pabekar	47yrs	9423712379	F
101.	Mahar Mahajan	17yrs	9428749379	M
102.	Dev Jogle	17yrs	7588991210	M
103.	Abhijeet Bhandalkar	40yrs	8793224091	M
104.	Mane Pankaj R.	28yrs	888890877	F
105.	Shaikh Mukhtar M.	26yrs	901555220	F

अ.क्र.	प्राध्यापक/कर्मचाऱी यांचे संपूर्ण नांव	वय	मो.नं.	स्त्र
76.	Bhim Yadav	32yrs	9960552905	M
77.	Nagarge Mahesh	25yrs	901157616	M
78.	Bhagile Pandurang	58yrs	9421584439	M
79.	Shinde Madhav	59yrs	8984088239	M
80.	Sujata Waghmare	49yrs	9673770588	F
81.	Maharanda Arate	40yrs	9601871045	M
82.	Sachin Bhandare	41yrs	9403246241	M
83.	Anwarao Gound	45yrs	9405024152	M
84.	Mahesh Kumbhar	25yrs	9657652852	M
85.	Balaji Sumase	26yrs	9421189495	M
86.	Khandekar Satish	31yrs	8807281102	M
87.	Sunil Undalkar	28yrs	955770776	M
88.	Manoj Kumbhar	28yrs	8527296907	M
89.	Prashant G. Joshi	15yrs	9420622592	M
90.	Mahadev Bhatnagar	46yrs	8921497710	M

अ.क्र.	प्राध्यापक/कर्मचाऱी यांचे संपूर्ण नांव	वय	मो.नं.	स्त्र
106.	Nadga Shilpa	30yrs	9175007680	F
107.	Shaikh Nejam	50yrs	9768837930	M
108.	Shaikh F. A.	42yrs	9499459364	F
109.	Sunil Anand V. A.	37yrs	8275844787	F
110.	Balaji More	41yrs	9405410879	M
111.	Raju Wakude	46yrs	9823191017	M
112.	Priyadarshi Jain	84yrs	8087251689	M
113.	Rajpal Patel	55yrs	9404619821	M
114.	Rathod Tejendra	54yrs	976888965	M
115.	Pundlik Kamble	35yrs	9730249815	M
116.	Rameshwar More	35yrs	9960886657	M
117.	Tambade S. D.	51yrs	9422774594	M
118.	Mundhe H. B.	28yrs	8421665274	M
119.	Balla Muralidhar Sheth	26yrs	9096168619	M
120.	Manohar Vijay Kumar	31yrs	9689277879	M

अ.क्र.	प्राध्यापक/कर्मचाचरी यांचे संपूर्ण नांव	वय	मो.नं.	अ.क्र.	प्राध्यापक/कर्मचाचरी यांचे संपूर्ण नांव	वय	मो.नं.	अ.क्र.
121	Suchitra Kasbe	41yrs.	8275692510	F	151	Rahul Attawale	34yrs	9766414448
122	Megha Bannanekar	25yrs.	8087334790	F	152	Mukund Deshmukh	38yrs	
123	Jadhav Sunita	35yrs.	8888861834	F	153	Dr. Bhimsen Patil	49yrs	9850796755
124	D.S. Rathod	48yrs	7780924930	M	154	Mule Shomand	32yrs	9421465660
125	Sachin S. Jawade	24yrs	9158620600	M	155	Vilas Alte	40yrs	9890723500
126	Shivshankar Patil	51yrs	9096125126	M	156	Anand Kadam	44yrs	9881252245
127	Ghanshyam Kasturkar	35yrs	9970405945	M	157	Rupesh Jain	45yrs	9923811119
128	Shrikesh Shukur	42yrs	9860238292	F	158	Shinde Ranjeet	42yrs	9766108248
129	Omkar Bhambade	29yrs	915609791	M	159	Deepak Ghuge	27yrs	8698964930
130	Mahesh Nandekar	30yrs	9163749448	M	160	Maske Tukaram	50yrs	9763888922
131	Kale Pradip	58yrs	9609544936	M	161	Tekale Sushant	42yrs	8087548890
132	Pitale Ratta	50yrs	8530588166	M	162	Nikam Sachin	50yrs	9421485783
133	Sandeep Mesram	30yrs	9049508591	M	163	Sulewad M.S.	33yrs	9168170553
134	Prashant Kulkarni	53yrs	9420939074	M	164	Apurvi Bole	18yrs	7972897197
135	Sakhare Subhash	56yrs	9765053248	M	165	Anandheb Pawekar	40yrs	9970770512

अ.क्र.	प्राध्यापक/कर्मचाचरी यांचे संपूर्ण नांव	वय	मो.नं.	अ.क्र.
136	Kulkarni Prashant	45yrs	9289410812	M
137	Sharma Dhruvashree	28yrs	9579632322	F
138	Dr. Shivraj Patil	43yrs	9421485800	M
139	Rahul Sonwane	38yrs	9284680015	M
140	Kulkarni K.L.	46yrs	9545305991	M
141	Sonkamble Dattatray	54yrs	9119415086	M
142	Sonawade Anant	37yrs	8411082721	M
143	Panchal Ashwini	27yrs	8151992560	M
144	Bansode Dnyaneshwar	34yrs	9096359529	M
145	Shaikh Riyaz S.S.	40yrs	9421353204	M
146	Panchal Vishwanath D.	45yrs	8862060791	M
147	Vishali Sakhare	35yrs	9850198398	F
148	Suresh Sonwane	56yrs	9970985811	M
149	Vinod T. Takalkar	49yrs	9423021703	M
150	Lamture Prashant	42yrs	9289848979	M

अ.क्र.	प्राध्यापक/कर्मचाचरी यांचे संपूर्ण नांव	वय	मो.नं.	अ.क्र.
166	Nishank S. Pimpale	27yrs	9822717106	M
167	Kishor Shinde	35yrs	9021639540	M
168	Dhruvashree Jagtap	27yrs	8669155036	F
169	Dongapure Savita B.	35yrs	9923986680	F
170	Todkar Sangeeta	54yrs	8007031540	F
171	Teewar Gayakwad	30yrs	9765514135	M
172	Vihang Patil	34yrs	8215376747	M
173	Prof. Anil Londge	31yrs	9890000456	M
174	Sawane Rajiv	51yrs	8199615209	M
175	Dr. Manisha A. Dhotre	40yrs	9890901339	F
176	Kalyani Dhule	28yrs	9309180847	F
177	Dr. Patil Pradyumna	39yrs	9421092182	F
178	Shinde Atul Sheshma	40yrs	989018647	M
179	Anand Sudar	32yrs	9579109509	M
180	Shrutishivan P.	46yrs	9890598781	F

अ.क्र.	प्राध्यापक/कर्मचाऱ्याचे संपूर्ण नांव	वय	मो.नं.	स
181	Madhuri Bhande	28 yrs.	876725 0433	F
182	R. Omprakash	31 yrs.	721937 5478	M
183	satish k.	34 yrs.	881946 1236	M
184	Dr. vijaykumar khangale	50 yrs.	9408538 997	M
185	Anandh Jadhav	31 yrs.		M
186	shafiq F. J.	30 yrs.	9822865 007	F
187	Dr. C.R. Salunkhe	40 yrs.	789282 5435	M
188	Dr. Govind Ufale	42 yrs.	910927 1635	M
189	Abhijit Mali	21 yrs.	848283 8929	M
190	Dhruval Govind kishnrao	50 yrs.	94222633	M
191	Dr. kundan Toyde	36 yrs.	950396 0118	M
192	chavan nitin Bhatarke	36 yrs.	95450 7955	M
193	Yuvraj balu shikhare	38 yrs.	9404621 568	M
194	Pratapsaheb limbarajkale	74 yrs.	91672865 15	M
195	A. J. Raju	59 yrs.	902867 6742	M

अ.क्र.	प्राध्यापक/कर्मचाऱ्याचे संपूर्ण नांव	वय	मो.नं.	स
231	Manda Hanumanant kothare	40 yr.	85305891 66	F
232	Balane santaji nivratti	42 yr.	9850230656 88290656	M
233	jagadevi kare.	45 yr.	8530589166	F
234	Jadhav Mohesh kumar	37 yr.	942145584	M
235	Swami Ramesh Ramlinge	30 yr.	97679977	M
236	shrinivas Morayantoo	46 yr.	7588062077	M
237	jogdale jayashree kamran	29 yr.	8623851558	F
238	bagdure ajwala manisha	28 yr.	9875316524	F
239	londhe priya bahasaheb	25 yr.	8857001873	F
240	jaganath Rambhaukshirsagar	47 yr.	991618774	M
241	Kamble Rajkumar	27 yrs.	895495910	M
242	Bhoirwad suryoday	19 yr.	749954368	M
243	Vishvajit Gaikwad	18 yr.	9881579481	M
244	Aakash Kamble	22 yr.	775784999	M
245	kalpesh vashta	21 yr.	9854449166	M

अ.क्र.	प्राध्यापक/कर्मचाऱ्याचे संपूर्ण नांव	वय	मो.नं.	स
196	Prithviraj jare	19 yr.	77589084 59	M
197	Dr. shivraj kache	44 yr.	83293180 11	M
198	chaunde Atish	34 yr.	94213048 37	M
199	jadhav Navnath	29 yr.	779848 2151	M
200	Badule Nandkishor	31 yr.	8146950 856	M
221	fulare Nandkishor	26 yr.	96576270 43	M
222	Abhaysinh R. Deshmukh	42 yr.	880803655	M
223	Hanagar Akash	19 yr.	8698336571	M
224	shivkumar Swami	19 yr.	7972559681	M
225	Gaikwad Adity	19 yr.	8767090583	M
226	Bolaji Masalge	28 yr.	9730563839	M
227	Andudge S.S	34 yr.	9375562984	M
228	Dr. K.S. Rout.	51 yr.	903714213	M
229	shivaji Baburao kamble	47 yr.	9423449217	M
230	kale vyankat baburao	51 yr.	9763586162	M

अ.क्र.	प्राध्यापक/कर्मचाऱ्याचे संपूर्ण नांव	वय	मो.नं.	स
246	khose sumit	19 yr.	735052648	M
247	Sandip kamble	33 yr.	940444448	M
248	Gaikwad Anand	31 yr.	976643497	M
249	Suryawanshi nandigh	30 yr.	9979649358	M
250	pratik parale	17 yrs.	9307981435	M
251	Shashank vhasak	23 yrs.	9182839557	M
252	vaibhav nidane	23 yrs.	8698902994	M
253	parat wishnu	21 yrs.	9119440362	M
254	maided vaishnavi	19 yrs.	7420942114	F
255	mans shital	17 yrs.	8280046897	F
256	M.S.S. S.N. Bagwan	24 yrs.	8208456788	F
257	koli Ratnamani	39 yrs.	8605768968	F
258	Patil B.J	51 yrs.	9850191220	M
259	Dr. Deepak V. Vaidpathak	56 yr.	9822757891	M
260	Prof. Anand birajdar	39 yr.		M

Date : 02/10/2021

Medical Officer
Health Care Center
Rajarshi Shahu Mahavidyalaya
(Autonomous), Latur-413512



Principal
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