



**Shiv Chhatrapati Shikshan Sanstha**  
**Rajarshi Shahu Mahavidyalaya, Latur (Autonomous)**

**Shahu Extension Services center.**

**Health And Wellness Committee**

**Activity Report**  
**2021-2022**

**Name of Activity** : Happiness Mantra - A wellness talk  
**Date** : 05 /10/ 2021  
**Place** : VLC Hall  
**Target Participants** : All staff

**Introduction :**

The Health and Wellness Committee organized Happiness Mantra - A Wellness talk dated on 5 Oct 2021 on the occasion of Birthday of Honorable President Dr. Gopalrao Patil , Shiv Chhatrapati Shikshan Sanstha.

**Objectives :**

- To give training of stress management
- To give information about symptoms of different mental conditions caused by stressful life
- To reduce stress
- To enhance the importance of 'Sound mind in a sound body.'

**Brief Summary of event :**

The Health and Wellness Committee of the Institution organized Happiness Mantra : A Wellness Talk on 5th Oct. 2021 on the eve of birthday of Honorable President of Shiv Chhatrapati Shikshan Sanstha Dr. Gopalrao Patil for all staff. Inaugural function held at VLC by respected Principal Dr. Mahadev Gavhane in presence of Vice-Principal Dr. S.N. Shinde

Health and Wellness Committee President Dr. Swati Fere and colleagues Dr. Anirudh Biirajdar , Ratnarani Koli, Somdev Shinde worked hard to make this event sussesful. Principal Dr. Mahadev Gavhane had given presidential address.

103 staff members were present and resourse person Dr. Baswaraj Khubba interacted with staff.



**Conclusion :**

Resource person Dr. Baswaraj Khubba interacted with staff and trained them with tricks to reduce stress. Staff is aware of all symptoms of different mental conditions caused by stressful life. The staff understood importance of 'Sound mind in a sound body. Hence, the program proved successful.


*Feres.s.*  
**Convener Medical Officer**  
**Health Care Center**  
**Rajarshi Shahu Mahavidyalaya**  
**(Autonomous), Latur-413512**

*[Signature]*  
**Principal**  
**PRINCIPAL**  
**Rajarshi Shahu Mahavidyalaya, Latur**  
**(Autonomous)**


Copies of flyer prepared for the session :



Shiv Chhatrapati Shikshan Sanstha's  
**Rajarshi Shahu Mahavidyalaya**  
**(Autonomous), Latur**



Selfless Service to Mankind is the essence of devotion for our beloved president Dr.Gopalraoji Patil  
He inculcated Truth, Love, Peace & Pursuit of excellence among all of us.  
"This earth is His, to Him belong those Vast & boundless Skies;  
Both seas within him rest and yet in that small pool he lies,"  
(Atharva Veda Book 4 Hymn 16)  
This is so true for our president.  
His life is a saga of selfless love for humanity.



To celebrate the birthday of our visionary iconic leader Dr. Gopalraoji Patil President, Shiv Chatrapati Shikshan Sanstha Latur, Dept. of Physical Education, Health and Wellness Committee & NSS Dept. organizes following wellness Programs:



**Health Check up Camp**  
Date : 01/10/2021  
Time 10.00 am to 2.00 pm  
Venue > Health care center RSML college Latur



**Fit India Freedom Run 2.0**  
Date: 02/10/2021  
Time:- 6.30 am to 7.30 am  
Starting Point :- RSML main Campus



**Blood donation Camp.**  
Date 04/10/2021  
Time :- 11.00 to 2.00 pm.  
Venue > Senior RSML Campus.



**Happiness Mantra : A Wellners Talk by Dr. Basawaraj Khubba.**  
Date 05/10/2021.  
Time:- 4.00 to 5.00 pm



**Tree plantation Program**  
Date 6/10/2021  
Time 11.00 am.  
Venue : Central Bus Stand Latur

Notice :

**राजर्षी शाहू महाविद्यालय (स्वायत्त) - लातूर**  
**हेल्थ व वेलनेस समिती, राष्ट्रीय सेवा योजना व क्रीडा विभाग**  
**सूचना**

दिनांक ०४/१०/२०२१

महाविद्यालयातील सर्व प्राध्यापक, शिक्षक व शिक्षकेतर कर्मचाऱ्यांना सूचित करण्यात येते की, महाविद्यालयातील हेल्थ & वेलनेस समिती, राष्ट्रीय सेवा योजना व क्रीडा विभाग यांच्या संयुक्त विद्यमाने दि.५/१०/२०२१ रोजी दु. ४.०० ते ५.०० या वेळेत व्हीएलसी हॉलमध्ये आरोग्य विषयक व्याख्यानाचे आयोजन करण्यात आले आहे.

या कार्यक्रमास सर्वांनी वेळेवर उपस्थित राहणे अनिवार्य आहे.

मार्गदर्शक वक्ते :- डॉ. बसवराज खुब्बा

विषय :- हॅम्पिनेस मंत्रा : अ वेलनेस टॉक

  
प्राचार्य  
राजर्षी शाहू महाविद्यालय  
(स्वायत्त), लातूर

D/2021-22 (PC-37)Letter/Marathi Letter(26)

**राजर्षी शाहू महाविद्यालय (स्वायत्त), लातूर**  
**क्रीडा विभाग, राष्ट्रीय सेवा योजना व हेल्थ अँड वेलनेस विभाग**  
**सूचना**

दि. २९/०९/२०२१

महाविद्यालयातील सर्व प्राध्यापक, शिक्षक, शिक्षकेतर कर्मचाऱ्यांना सूचित करण्यात येते की, महाविद्यालयातील क्रीडा विभाग, हेल्थ अँड वेलनेस विभाग व राष्ट्रीय सेवा योजना विभाग यांच्या संयुक्त विद्यमाने 'फिट इंडीया : आजादी का अमृत महोत्सव वर्ष' यांच्या अंतर्गत पाच दिवसीय विविध उपक्रमांचे आयोजन करण्यात आलेले आहे.

या उपक्रमांमध्ये सर्वांची उपस्थिती अनिवार्य आहे.

  
प्राचार्य  
राजर्षी शाहू महाविद्यालय  
(स्वायत्त), लातूर

उपक्रम वेळापत्रक खालीलप्रमाणे राहिल :

दिनांक	उपक्रम	वेळ	ठिकाण
०१/१०/२०२१	हेल्थ चेकअप	स. १०.०० ते दु. ०२.००	क्रीडा विभाग
०२/१०/२०२१	मिनी मॅरेथॉन ०५ कि मी	स. ०६.३० ते ०७.३०	महाविद्यालय - शिवाजी चौक - महाविद्यालय
०४/१०/२०२१	रक्तदान शिबीर	स. १०.०० ते दु. ०२.००	क्रीडा विभाग
०५/१०/२०२१	व्याख्यान	दु. ०४.०० ते ०५.००	व्हीएलसी हॉल
०६/१०/२०२१	चुक्षारोपण	स. ११.००	मुख्य बसस्थानक, लातूर

**Banner :**



**Geo-tagged Photographs :**



Dr. Somdev Shinde introduced resource person Dr. Baswaraj khubba.



Dr. Baswaraj Khubba interacting with staff.





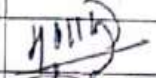


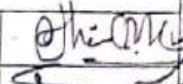

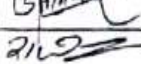


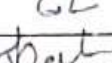
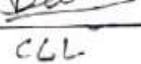

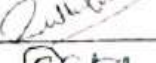
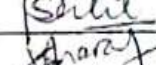
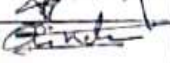
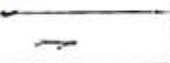


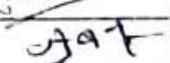




Dr. Baswaraj Khubba interacting with staff.

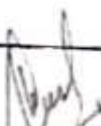
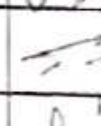
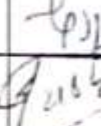

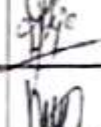

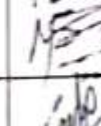
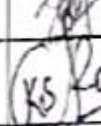
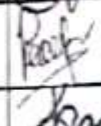






Dr. Mahadev Gavhane giving presidential speech

## List of Participants

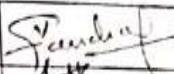

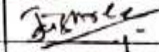

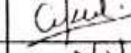
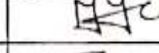

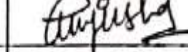

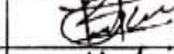
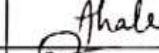
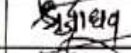
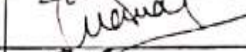

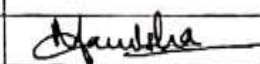
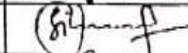
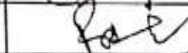
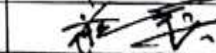
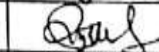
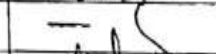
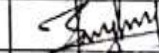
### Rajarshi Shahu Mahavidyalaya, Latur Sr. College (Grant) Teaching Staff Name List 2021-2022 (Oct.-2021)

Sr. No.	Name of the Teacher	Academic Designation	Subject	Signature
1	Dr. Mahadev Gavhane	Principal	Pol. Sci	
2	Dr. A. J. Raju (Professor)	Vice-Principal	Commerce	
3	Shri. Sadashiv Shinde	Vice-Principal	Botany	
<b>ARTS FACULTY</b>				
4	Dr. Omprakash Shahapurkar	Professor	Geography	
5	Dr. Suresh Phule	Professor	Geography	
6	Shri. Dattatray Sonkamble	Assistant Professor	Geography	
7	Shri. Rajendraprasad Arya	Associate Professor	Sanskrit	
8	Dr. Suresh Sonone	Professor	Pali	—
9	Dr. Anuja Jadhav	Assistant Professor	English	
10	Dr. Sachin Bhandare	Assistant Professor	English	
11	Dr. Vijay Dalvi	Assistant Professor	Geography	
12	Dr. Priti Pohekar	Professor	Pub. Admn.	
13	Shri. Anirudh Birajdar	Dir. Phy. Edu.	Dir. Phy. Edu.	—
14	Dr. Pallavi Patil	Assistant Professor	Hindi	
15	Dr. Sambhaji Patil	Professor	Marathi	
16	Shri. Suryakant Chavan	Assistant Professor	Hindi	
17	Dr. Kishor Shinde	Assistant Professor	Geography	
18	Dr. Chandrashekhar Dawane	Assistant Professor	English	—
19	Dr. Archana Tak	Assistant Professor	History	
20	Dr. Budhaji Gadekar	Assistant Professor	Economics	
21	Smt. Sayali Samudre	Assistant Professor	Sociology	
22	Shri. Suryakant Maske	Librarian	Librarian	
<b>COMMERCE FACULTY</b>				
23	Dr. Pushpalata Trimukhe	Assistant Professor	Commerce	
24	Dr. Prakash Rodiya	Assistant Professor	Commerce	
25	Dr. Vyankat Dhumal	Assistant Professor	Commerce	

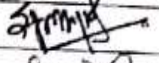
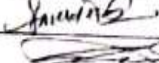
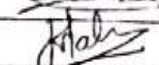
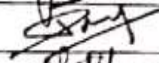
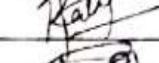
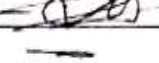
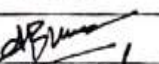
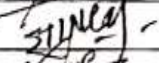
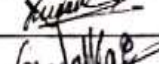
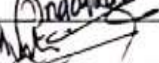
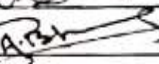

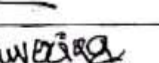
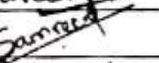
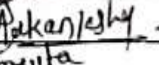
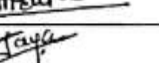
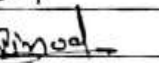
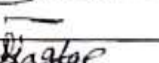
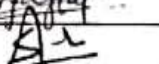
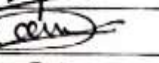
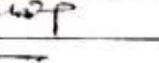
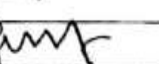
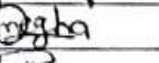
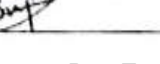
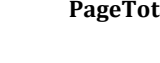



Sr. No.	Name of the Teacher	Academic Designation	Subject	Signature
SCIENCE FACULTY				
26	Dr. Kanchanprabha Maske	Professor	Microbiology	
27	Dr. Deepak Vedpathak	Associate Professor	Microbiology	
28	Shri. Dhananjay Palke	Associate Professor	Chemistry	
29	Dr. Dnyaneshwar Rathod	Assistant Professor	Zoology	
30	Dr. Kalimoddin Momin	Assistant Professor	Chemistry	
31	Dr. Dayanand Raje	Assistant Professor	Physics	
32	Dr. Mahesh Wavare	Associate Professor	Mathematics	
33	Dr. Kalyan Sawant	Assistant Professor	Botany	
34	Dr. Nishank Pimple	Assistant Professor	Mathematics	
35	Dr. Abhijeet Yadav	Assistant Professor	Physics	
36	Dr. Kakasaheb Raut	Assistant Professor	Zoology	
37	Dr. Renuka Londhe	Assistant Professor	Comp. Sci.	
38	Dr. Kundan Tayade	Assistant Professor	Ana. Chemistry	
39	Shri. Maroti Sudewad	Assistant Professor	Chemistry	

# Rajarshi Shahu Mahavidyalaya, Latur

Sr. College (Non Grant, I.T., B.T.) Teaching Staff Name List 2021-2022 (Oct.-2021)

Sr. No.	Name of the Teacher	Academic Designation	Subject	Signature
<b>COMPUTER SCIENCE &amp; I.T.</b>				
1	Shri. Vishwanath Panchal	Assistant Professor & Co-ordinator	I.T.	
2	Dr. Shivraj Patil	Assistant Professor	I.T.	
3	Smt. Jayshri Jadhav	Assistant Professor	I.T.	
4	Shri. Riyaj Shaikh	Assistant Professor	I.T.	
5	Smt. Chandrabhabha Kulkarni	Assistant Professor	I.T.	
6	Smt. Jyoti Mashalkar	Assistant Professor	I.T.	
7	Shri. Mahadev Bhatade	Assistant Professor	I.T.	
8	Smt. Manjusha Shinde	Assistant Professor	I.T.	
9	Shri. Prashant Joshi	Assistant Professor	I.T.	
10	Shri. Abdul Shaikh	Assistant Professor	I.T.	
11	Smt. Chetana Ahale	Assistant Professor	I.T.	
12	Smt. Shradha Jadhav	Assistant Professor	I.T.	
13	Shri. Manoj Birajdar	Assistant Professor	I.T.	
14	Shri. Bhairavnath Gorde	Assistant Professor	I.T.	
<b>BIOTECHNOLOGY</b>				
1	Dr. Sachin Kulkarni	HoD	B.T.	—
2	Dr. Manisha Dhotre	Assistant Professor	B.T.	
3	Dr. Udaybhanu Sirdeshmukh	Assistant Professor	B.T.	
4	Dr. Ravindranath Ade	Assistant Professor	B.T.	
5	Dr. Sanghpal Kshirsagar	Assistant Professor	B.T.	
6	Shri. Suraj Kadam	Assistant Professor	B.T.	
7	Smt. Shilpa Surwase	Assistant Professor	B.T.	—
8	Shri. Akash Waghmare	Assistant Professor	B.T.	
9	Miss Kalyani Dhule	Assistant Professor	B.T.	—
10	Miss Swati Swami	Assistant Professor	B.T.	
11	Miss Tejaswani Kokate (CHB)	Assistant Professor	B.T.	—
12	Miss Madhuri Shende (CHB)	Assistant Professor	B.T.	—

**Rajarshi Shahu Mahavidyalaya, Latur**  
**Sr. College (Non-Grant Fix Pay) Teaching Staff Name List 2021-2022 (Oct.-2021)**

Sr. No.	Name of the Teacher	Academic Designation	Subject	Signature
1	Shri. Rahul Athawale	Placement Officer	Placement Cell	
2	Shri. Madhav Shelke	Assistant Professor	CEP	
3	Shri. Nitin Panchal	Assistant Professor	CEP	
4	Shri. Mahesh Kumbhar	Assistant Professor	CEP	
5	Shri. Pramod Jain	Assistant Professor	CEP	
6	Shri. Kishor Patil	Assistant Professor	Eng.	
7	Shri. Krishna Deshmukh	Assistant Professor	Eng.	
8	Dr. Sachin Kale	Assistant Professor	Eng.	
9	Shri. Abhijit Bhandwalkar	Assistant Professor	Eng.	
10	Shri. Dnyaneshwar Bansode	Assistant Professor	Pol. Sci.	
11	Shri. Vaibhav Mane	Assistant Professor	Music	
12	Shri. Swapnil Undalkar	Assistant Professor	Phy.	
13	Shri. Maruti Kumbhar	Assistant Professor	Phy.	
14	Shri. Akshay Bhandare	Assistant Professor	Ana. Chem.	
15	Smt. Ashwini Kale	Assistant Professor	Math	
16	Shri. Dipak Ghuge	Assistant Professor	Math	
17	Smt. Juveriya Shaikh	Assistant Professor	Comm.	
18	Smt. Samreen Bagwan	Assistant Professor	Comm.	
19	Smt. Akanksha Balsaraf	Assistant Professor	Comm.	
20	Smt. Amruta Sawalsure	Assistant Professor	Comm.	
21	Smt. Jaya Nahata	Assistant Professor	Comm.	
22	Shri. Vinod Late	Assistant Professor	Commerce	
23	Shri. Shivshankar Patwari	Assistant Professor	MCJ	
24	Smt. Dhanashri Jagatap	Assistant Professor	Zoology	
25	Smt. Suchitra Kasbe (B.Voc.)	Assistant Professor	Comp.Sci.	
26	Smt. Dhanashri Sharma (B.Voc.)	Assistant Professor	Comp.Sci.	
27	Smt. Shaheen Damte (B.Voc.)	Assistant Professor	Comp.Sci.	
28	Smt. Pooja Latoriya (B.Voc.)	Assistant Professor	Comp.Sci.	
29	Shri. Arun Shinde (B.Voc.)	Assistant Professor	Comp.Sci.	
30	Miss. Megha Bamankar (B.Voc.)	Assistant Professor	Comp.Sci.	
31	Smt. Sunita Jadhav (B.Voc.)	Assistant Professor	Comp.Sci.	

## List of Participants

### Rajarshi Shahu Mahavidyalaya, Latur CHB Teaching Staff Name List 2021-2022 (Oct.-2021)

Sr. No.	Name of the Teacher	Academic Designation	Subject	Signature
1	Dr. Govind Uphade	Assistant Professor	Marathi	
2	Shri. Bapusaheb Jawalekar	Assistant Professor	Marathi	
3	Dr. Shivraj Kache	Assistant Professor	Marathi	
4	Shri. Amol Landage	Assistant Professor	Hindi	
5	Shri. Ramesh Swami	Assistant Professor	Sanskrit	
6	Shri. Vinay Gaikwad	Assistant Professor	Sanskrit	
7	Shri. Bhagwant Bokade	Assistant Professor	Sociology	
8	Miss. Divya karwa	Assistant Professor	Sociology	
9	Shri. Vikas Waghmare	Assistant Professor	Pol.Sci.	
10	Shri. Shrikrishna Panchal	Assistant Professor	Pol.Sci.	
11	Dr. Chandrakant Valakate	Assistant Professor	Economics	
12	Shri. Jeevan Gaikwad	Assistant Professor	Economics	
13	Shri. Chandramani Bansode	Assistant Professor	Pub.Adm.	
14	Shri. Vasant Dhumal	Assistant Professor	Chemistry	
15	Shri. Maheshkumar Jadhav	Assistant Professor	Chemistry	
16	Shri. Atul More	Assistant Professor	Electronics	
17	Shri. Vijay Zadke	Assistant Professor	Electronics	
18	Shri. Datta Nalle	Assistant Professor	Fish. Sci.	
19	Miss. Madhuri Bhande	Assistant Professor	Fish. Sci.	
20	Shri. Rajkumar Kamble	Assistant Professor	Fish. Sci.	
21	Shri. Dnyanoba Awad	Assistant Professor	Botany	
22	Shri. Govind Suryawanshi	Assistant Professor	Botany	
23	Shri. Kulbhushan Gaikwad	Assistant Professor	Microbiology	
24	Smt. Pratiksha Mane	Assistant Professor	Microbiology	
25	Smt. Amruta Dhaygude	Assistant Professor	Microbiology	
26	Miss. Sonali Patil	Assistant Professor	Microbiology	
27	Shri. Akshay Mungle	Assistant Professor	Physics	
28	Shri. Mahesh More	Assistant Professor	CEP	
29	Shri. Mahesh Nagargoje	Assistant Professor	CEP	
30	Shri. Bhim Yadhav	Assistant Professor	CEP	
31	Smt. Priya Londhe (Jr.)	Teacher	Economics	

Total number Participants = 103

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Date: 06/10/2021

  
**Medical Officer**  
Health Care Center  
Rajarshi Shahu Mahavidyalaya  
(Autonomous), Latur-413512



  
**Principal**  
**PRINCIPAL**  
Rajarshi Shahu Mahavidyalaya  
(Autonomous), Latur