

Shiv Chhatrapati Shikshan Sanstha Rajarshi Shahu Mahavidyalaya , Latur (Autonomous)

Shahu Extension Services

Health And Wellness Committee <u>Activity Report</u> 2022-23

Name of Activity : Women's Day -Free Hemoglobin Testing Camp

Date : 08/03/2023

Place : VLC Hall & Health Care Center

Target Participants: All Girls & Female staff

Objectives > To diagnose a medical condition like anemia.

Participants: 333 (312 Girls & 21 Female staff)

Brief Summary of event:

On the occasion of **International Women's day** Health and wellness committee and internal complaint committee of college organized **Free Hemoglobin Testing Camp** for girls and ladies staff on **8**th **march 2023**. A hemoglobin test measures the amount of hemoglobin in your blood. Hemoglobin is a protein in your red blood cells that carries oxygen to your body's organs and tissues and transports carbon dioxide from your organs and tissues back to your lungs . If a hemoglobin test reveals that your hemoglobin level is lower than normal, it means you have a low red blood cell count (anemia). Anemia can have many different causes, including vitamin deficiencies, bleeding and chronic diseases.

For a hemoglobin test, a member of your health care team takes a sample of blood by pricking your fingertip and tested with the help of sahalis hemoglobinometer . The healthy range for hemoglobin is 11.6 to 15 grams For women. If hemoglobin level is lower than normal, you have anemia. There are many forms of anemia, each with different causes, which can include: Iron deficiency , Vitamin B-12 deficiency , Folate deficiency , Bleeding ,Cancers that affect the bone marrow, such as leukemia , Kidney disease , Liver disease, Hypothyroidism ,Thalassemia — a genetic disorder that causes low levels of hemoglobin and red blood cells If anyone have been previously diagnosed with anemia, a hemoglobin level that's lower than normal may indicate a need to alter your treatment plan.

Outcomes:

312 Girls & 21 Female staff were tested for hemoglobin, the girls and female staff got to know their hemoglobin levels and accordingly they were guided by the Dr. Swati Fere about the changes in their diet and medication to be taken.

Medical Officer
Hearn Ceme Center
Rajarshi Shahu Mahavidyalaya
(Autonomous), Latur-413512



PRINCIPAL
Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)

Geotagged photographs:



Female faculties testing hemoglobin



Girls and Female faculties testing hemoglobin



Students giving blood samples for Hemoglobin checkup





Notice & Flayer of the activity:

राजर्षी शाहू महाविद्यालय (स्वायत्त), लातूर सूचना

दि. ०२/०३/२०२३

महाविद्यालयातील सर्व विद्यार्थीनींना सूचीत करण्यात येते की, हेल्थ ॲन्ड बेलनेस किमटी, इंटर्नल कम्प्लेंट किमटी यांच्या संयुक्त विद्यमाने दि. ०८ मार्च २०२३ रोजी सकाळी १९.०० वा. व्ही.एल.सी. हॉल मध्ये आंतरराष्ट्रीय महिला दिनानिमित्ताने महिलांच्या आरोग्यविषयक समस्या व त्यावरील उपचार संबंधीत एक दिवसीय कार्यशाळा आयोजित करण्यात आली आहे. त्यामध्ये तज्ञ वक्ते मार्गदर्शन करतील व त्यानंतर मोफत रक्त तपासणी करण्यात येईल.

प्रमुख वक्ते :- 9) डॉ. वैशाली दाताळ - महिलांसाठी आहार विषयक मार्गदर्शन

- २) डॉ. रचना जाजू (स्त्री रोग तज्ञ) मासिक पाळीचा समस्या व स्वच्छता
- 3) डॉ. स्नेहल देशमुख सामाजिक जनजागृती

प्रमुख वक्तांच्या मार्गदर्शनानंतर मोफत हिमोग्लोविन तपासणी करण्यात येणार आहे. तरी इच्छूक महिला प्राध्यापक व विद्यार्थीनीने खालील लिंकवर पूर्व नोंदणी करून घ्यावी. लिंक:-https://foorms.gle/ArMBpBjmdKTnFCyv7

मागारी १

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Shiv Chhatrapati Shikshan Sanstha's

Rajarshi Shahu Mahavidyalaya (Autonomous), Latur Health & Welness Committee Internal Complaint Committee (ICC)

Organize

Workshop on Women Health Awareness

Free Hb checkup for all Girls and Female faculty

महिला दिनानिमित्त आज महाविद्यालयात मोफत हिमोग्लोबीन तपासणी आयोजित करण्यात आली आहे सर्व विद्यार्थिनी व महिला प्राध्यापिकांना विनंती आहे की त्यांनी तपासणी करून घ्यावी.

प्राचार्य

Rajarshi Shahu Mahavidyalaya (Autonomous), Latur

Health & Wellness Committee Internal Complaint Committee

Participant List

Name of Evanl :	HP.	checkup - womens	duy	Date:	08/03/2	2023
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Sr.No.	Name of Participents	Class	Sign.	4
1.	Ghapte Ankita Tukaram	8. (om 54	Ankito	12
2.	Devane Mobini Anil	B.com sy	Mohini	13
3.	Avastor sakshi dilip	B. comsy	Julie	11.7
4.	khune pratiksha dynoba	B. comsy	Pedileda	10
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6.	dhopre Amruta	B. comsy	mute	11.
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12.	Tonadre Wishanavi Buresh	M.A.f.y	Qaishnavi	8.1
13.	Bagheren pinki Mahesh	M.A FY	Jahr	10.
14.	Usoturge Ashwini	B.V.OC. AT3#	(A)181	10
15.	wahule damini vijaykum.	B.A.SY	Davinikh	11.0
16.	Nikita Romehandra Shint	B.A 57	(Ment.	10
17.	Sadulwad Anjali	BAC FY	the	4.
18	Giri vrushali	BSCfy	Venezali	9.2
19	Kale Pallowi Growind	BATY (CEP)	Male	13.
20	Halkude shoety Anand	BATY (CEP)	Sheety.	12.6
21	Radam Sucha Harraj	BASY (cep)	Soul.	12
22	Tagton Tyoti Raikumar	BASY (cep)	Tradia,	13.2
23	Gidde Mahejobeen Goffat	MAFY (eco)	The Holy	12.1
4	Jadhay Neha Ankush	B.A .F.Y(CEP)	- Hallhar	10.6
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30	Tadbay Tshika uttam	B. com s.y	thikal-	
31	Kample Snehal Vithal	B. VUC (AT) 3"	Snotal	8.
32	Bhaypasher Pillemed	BACEP SY	100	10,

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Sr.No.	Name of Participents	Class	Sign.
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35)	Igave Nikita vijaykumar	B.A S.Y(CEP)	Dikita.
352	Deshmukh Voishnavi Landman		Q nikh
38	Nagargoje Maheshvari Madhav	B. (om s.y	Mal
39	pawat pooja Sakhahati	B.Sc. FY	(Papig
40	Jadhav Komal Ishwar	B. Sc. fy	feedbar.
41	Landage Bhagyashi	B.A. TT	Bhagtash.
42	1 - 11: 1 / 6	B-ATY	Oukship
43	147.5	B.A f.Y	Pranjali.
44		B.A. F.V	Arith
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46	TWIN JJ.		Acmila
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48	Sonwalkat Nirmiti Noragon	BSC FY	_ canoalkot
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49	Rasure Diksha Dayanand	B.ch'm SY	12+1
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63	Malwade Rudy	B.A.T.Y. Cep	Incha!
64	Governi Gili	R.A. S.V. COP	Calabo
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66	Goyotti Deshavikh	B.A. SY.CFP	Gapates
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68	Mule Ahilda Nanasaheh	MA.Fy.	Onzect
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127	Bharti salve	m.com.	Buzy
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130	rakhe bandas	MAC·SY	Runder
131	Alte Andali	Bcom	Anjun
132	outal sanita	BATY	
133	sakshi shinge	B. cowsy	
134	shirh Aasma	B.A fy	
135	kulkomi Amauda	Bicomfy	
136	swami Nikita	13. com 37	
137	survose Ragini	B. com f	
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139	know Took bar. Neha	B. com sy	
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7	Nargund Valbhani	B.comsy	
9	Tenge Aditi	B.comfy	
9	sonkamble diksh	B. (om 57	
,	Palker gaytri.	B.coms7	
1	Viashnewi Bachifale	B. (0m 37	
2	Anjali dokde	B.comsy	
13	chavan Tanya	B.comsy	
14	sayyad saba	B.com	
7-	Sujata Patii	19.00m 34	
7	Aditi Nabde	B. Comsy	7
7	Shirhdan Swrupa	Micom sy	
1	girl smuti	B.com 54	
3	sanika mohiste	B. com sy	
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1	Mandge Telswini	B. com sy	
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3	Lokhre Rugwa	B. co w.L. A	
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1	viashnovi Raje	BCA. FY	
8	saturte sharvani.	B. comsy	
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181	Shinde Nikida	B. comfy	
192	dolse Abhiouch	B.(0m57	
143	Tod low Vaishnavi	BCA. For	
184	Sanskruti moghekar	B.com.	
185	shirh fatem.	B. com ty	Litt
186	garravi choundre	BCV+A	
187	Nikita Salunke	B. com sy	
188	Khanapure Nikita	Bicom fi	
189	Sandur swati	MAC.	
190	ghadge gitalomi	BIA H	
[9]	Kamble Aupesha	MKC.CS	
132	Ingale vaibhari	BA CEP FY	
193	gaikered punam	MAC (357	
194	Belkunde Rujala	BCA TY	
195	· Pr. p. somanushi	BCATY	
196	goswami shewta	BATT	1.0
197	Pragat martano	BH.	
198	Kavalel Ansia.	BAM	
199	15word gadewad	BAFT	
200	garand Takshshila	B. comsy	
201	ghode prakruti		
202	Pawor vaishauni	B. Afy	
200	Janmale pallari	BAC. Pfy.	11 75 44
204	. Dr. Anuja Jachavi	HOD	
205	solunte vaishnavi (sans)	B. comsy	
206	Tanhai Jadhan	B.com sy	
201	Motherau Arpita.	B'ATY	
208	Ade Shubhangi	B. comsy	
209	survose sansivaini	B.A.fy	
210	Aujare priyanka	BIATT	
211	Deshmukh Rupali	B. Afry	
212	godo'he prajiksha		
213	shirh Anjum	B.cow	
214	Lokhemde Rupali	B.comfy	
25	Ratan parkhe manjush	B. comfy	
216	Vanshika dang	BCA TY	
217	Aade Clauri	B. Y z. J	

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ry	fulbone prema		
25	Ingale shewly	B. cow 37	
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130	sangave garti	B. com sy	
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32	pri madiuro Joshi	BSC77	
33	Swami Vaishhavi	BCA.T-	
34	Pathan Sayma	BSC.TY	
3	saraf swalnali	BCAT-1	it .
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47	Murge Sarthyn Astrok	B.A. F.V	Sandhyarani
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49	shindle Grown Santosh	B.A.FYO CE.P	Sweet the role
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51	Shinde pronom scutish	MARY Eco	The
52	Moder Manjusha Vijaykumar	BSCTN	Monfusher.
53	Rirardar Anushka Rayendra	BIC TY	Birgdan
254	Pothan dedige Rasm	-14	Caryon

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258	Humble Ruelly Omerakoush	Acts (121h)	Ruchter
259	Washmare vaishagy Sanjay	B. com(Ty)	Buishrayi.
60	Mali Rutula Balaji		REMORE
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(2	Hadbe Shwela Dryanoba		Lhuto
63	Dhumal Nikita Ulhas	M60:54	Niera
64	Maleganleans Saval Shirkum		Sayalı
65	Shiralkon proju Shirshunkon	m.sc I year	- Berger
267	Mangale Popia Suresh	MSC-IL Yr	Pe019
68	Potdor shradha Dilip	MSC-IYY	Shradhy
49	Mungle Sampagita Dettectedy	MSC- I YE	Binyog Her
70	Biraidar Asspita vilcas	m. n. (4	Copaya_
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73	Gavoli voishnavi Amont	B.com III year	Wagvali.
74	Katkar Pupali	Holb	8em
ti	Dipika swami	Statt	Award
76	Islahande ligua P.	B. A. DY.	Living.
77	kumbhar sardhya Triambak	B.com III yr	Jank.
78	Pornima Bhimzan Gaikungo .	B.COMT.Y.	R.
119	Marc Putaja Subhash	BSCT'Y	putusa
180	512	12 th CAF	white
281	kazi Aafreen A. Hasib sab.	MSc F.Y	men
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284	Samudie Kanchan Kalyan	BSC.SY/	(Kenely)
285	11.71.0	Statt'	Coffee
286	Manjuha A. Shinde	Asst. prof.	aulula
287	Jadhay shradha	A351- Part .	Billery
288	Dranshee M. Jagtap	Asst. prof	Lagfor
189		-u-	Shale
290		-11-	X
29	miss Tradhum J. Bhande	ph.D. scholen	Level

Sr.No.	Name of Participents	Class	Sign.
252	Pro Rupale Jadhav.	FCO-dept	July
193	Mrs. Joshan Rayashrij Atch	office	Pholles
294	Mos waghmare Majura	office	majusa
295	miss swat R. Sonen	office	Senem
296	Sakhare Kiran Pradeep	B.A.S.Y	Kiran
197	Chamle Vaishnavi Vijay	M.Sc. F.Y	ame
138	chambe - Acati Govind	M. Sc (24)	Aus
99	Lahade Kiran Satish	M.51.5.7.	firant.
300	Halande Shubhangi R.	M.Sc. S.Y (Shubbangi
301	Kanse Neha Baban	M.Sc. 94	(KILL)
302	Rathod Neha APParao	M.SC.SY	peha
303	Kulkasani Aschi Tagdish	M.5C.54	Acchi
4	Gangane Vaishnavi Dawlat	Bcom. Sy	Jongan
305	Deshmukh Shreya Aryn	Bcom. Sy	Com_
06	Sakhare Vaishali	Bonny	any.
07	Mahananda Agrate	mcom)	Mehandy
308	eakshi Ashok Lomfe	BCOM SY	8
309	Ravjade Ruhija Ram	BAF	Anderice
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311	Jagtap P. 44.	Assist Professor	Layer.
12	Jadhav G. B.	Miscfy	Travertie
13	Kamble R. R.	Mischy	Tark.
14	Hasnik Prachi Navendra	11th Arris	rachi
315	kamble Aishwazya Rajkumaz	M.A.F.Y.	APLS
317	Aglove. Monali shekhot Mali Phyaneshoari Fulahand	M.S.C. S.Y.	(manali.
318	1.1.4	M. Sc S.Y	Jinac
319	30010	M.SC - SY	Tastakka
320	Sonovne Sanduta Saching	RA T.	Gene
321	Sonovne Sanducta Sachun Sagar Kentuja Rojkumar	BATY	28
222	Sayyed Heena t	BATY	(Batyles
323	Saryed Heena. t	Chemisty	Hema
324	Madhun Thanage	-!! /.	Dresdy.
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327	Table of Coloran	MS.C.f.y	Vaibhari
328	WISH WISH	MSC- FY	Garbhari Jamble.

Sr.No.	Name of Participents	Class	Sign.
325	Jadha Pratiking P	MSC-L	Peatilel
330	Biraidar Bhogyashei M	11th	Bhagyashei'
331	Kamble Buddhfriya 9	11 th	gisa
337	Poul vena keshav	11th	Prou
333	Dr. sweet suresh fem	stuff.	~

Medical Officer
Health Care Center
Rajarshi Shahu Mahavidyalaya
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PRINCIPAL
Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)