



Rajarshi Shahu Mahavidyalaya, Latur

(Autonomous)

Department of NCC Studies

Course Type: GE - I

Course Title: Introduction to NCC

Course Code: 101NCC1401

Credits: 04

Max. Marks: 100

Lectures: 60 Hrs.

Learning Objectives:

- LO 1. To acquaint cadets with the aims and objectives of National Cadet Corps.
- LO 2. To inculcate a sense of discipline, improve bearing, smartness, turnout and to develop the quality of immediate and implicit obedience of orders.
- LO 3. To sensitize the students about responsibility of personal health and hygiene.

Course Outcomes:

After completion of course the student will be able to-

- CO 1. Acquire knowledge of aims, organization and general information about NCC.
- CO 2. Explain human body, structure, maintenance of health, hygiene, sanitation and diseases.
- CO 3. Explain an elementary knowledge of First-Aid.

Unit No.	Title of Unit & Contents	Hrs.
I	NCC Organization	15
	<ol style="list-style-type: none">1. NCC Establishment2. Aims and Objectives, NCC Song, Cardinal Points of NCC3. Organizational Structure of NCC and Training4. Incentives of NCC, Honors and Awards5. Certificate Examinations in NCC6. Various Camps in NCC	
	Unit Outcomes: UO 1. Students will learn deep knowledge about National Cadet Corps, the largest youth organization in the world. UO 2. The content in the unit will help the students to maintain discipline in their life.	
II	National Integration and Awareness	16
	<ol style="list-style-type: none">1. Meaning and Importance and Necessity2. Freedom Struggle, Nationalist Movements in India3. Religious, Culture, Traditions and Customs in India4. National Interest: Objectives, Problems and Challenges of National Integration5. National Integration Council, Images and Slogans for National Integration6. Contribution of Youth in Nation Building	
	Unit Outcome: UO 1. The fundamental duties like to follow ideals of the freedom struggle, to defend the country and render national services when called upon etc. will be fulfilled by the students.	
III	Health and Hygiene	14
	<ol style="list-style-type: none">1. Structure and Functioning of Human Body	

Unit No.	Title of Unit & Contents	Hrs.
	2. Hygiene and Sanitation 3. Physical and Mental Health 4. Infectious and Contagious diseases and its prevention Unit Outcomes: UO 1. The awareness about the importance of health and hygiene will be implemented in the life of the students, also spread in the society by the students.	
IV	First Aid	15
	1. First Aid – Aims, Principle and Motto 2. List of Items in First Aid Box 3. Asphyxia, Drowning, Poisoning, Shock, Sun and Heat Stroke, Hanging, Hemorrhage 4. Snake Bite – Types of Snakes, Insect Bite 5. Dog Bite 6. CPR Unit Outcomes: UO 1. It will help the students to train for social service. UO 2. The students will try to prevent injuries from getting worse, to relieve pain, to protect the unconscious etc.	

Learning Resources:

1. R. Gupta, National Cadet Corps, A Concise Handbook of NCC for ‘A’, ‘B’ & ‘C’ Certificate Examinations, Ramesh Publishing House, New Delhi.
2. Chateerji B. B., Basic Military Training
3. Preci of Officers Training Academy, Gwalior.
4. Preci of Officers Training Academy, Kamptee, Nagpur.
5. <https://nccorissa.org/old/Doc/cadet%20Hand%20Book%20SPL%20SUBJECT%20Army.pdf>
6. <https://www.darshan.ac.in/U01/Page/66---16-06-2021-02-48-07.pdf>
7. https://cbseacademic.nic.in/web_material/doc/CADET&%20ANO%20HAND%20BOOK%202017/Trg%20Manuals/Specialised/Army/Cadet-SDSW-SPECIAL%20SUBJECT.pdf
8. https://gcsanjauli.edu.in/files/ncc/prc_5.pdf