

Shiv Chhatrapati Shikshan Sanstha's Rajarshi Shahu Mahavidyalaya (Autonomous), Latur

Department of Physical Education & Sports A) A Summary Report

1) Title of Programme:	"Evening with Aerobic & Zumba"	
2) Name of Organizing Department/Unit:	Department of Physical Education & Sports	
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:	Mr. Anirudh Baburao Birajdar Coordinator Mrs. Ratnarani B. Koli Co-Coordinator	
4) Date(s) of the Programme:	29th August to 4th September 2020	
5) Venue/Mode:	ZOOM Meet App.	
7) Number of Participants:	Male: 80 Female: 62 Total: 142	
8) Name(s) of the Coaches:	Mr. Saya Tutika	
9) Total Expenditure for the Programme:	6200/-	
10) Source of Funding:	RSML	
Outcomes:	 'Evening with Aerobic & Zumba' program created awareness about physical fitness. It helped to build stamina during COVID-19 pandemic. 	

B) A Report

i. Title: "Evening with Aerobic & Zumba"

ii. Introduction: Department of Physical Education and Sports organised an Evening with Aerobic and Zumba on 29th August to 4th September 2020 via Online Mode on Zoom App.

iii. Objectives:

- To create awareness about physical fitness.
- To help in building stamina during COVID-19 pandemic.

iv. Details of Participants:

Total: 142 students (Male: 80, Female: 62)

- v. Brief Summary of Events/ Sessions: As we know this year we suffered form Covid-19 Pandemic, everyone feels stress and it will create impact on their working. So to overcome this stress and make them relax we have organised Zumba and aerobic session. For this session we have invited Mr. Saya Tutika as a trainer.
- vi. Conclusion, with Feedback on the Programme: By this session everyone feels relax and aware about their physical fitness.

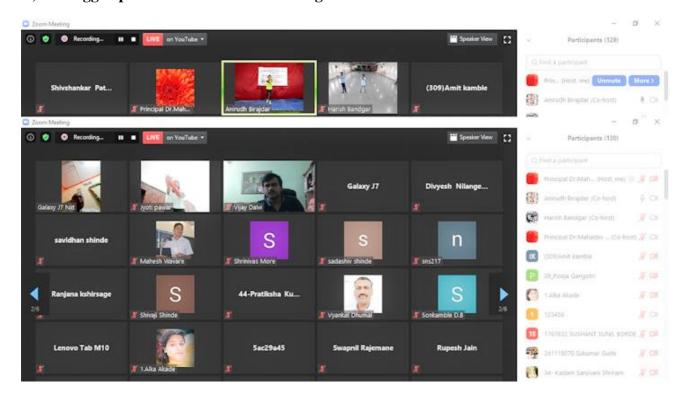
Date: 05/09/2020

Director

Physical Education & Sports
Director

Dept. of Phy. Edu. & Sports Rajarshi Shahu Mahavidyalaya (Autonomous), Latur Rajarshi Shahu, Mahavidyalaya (Autonomous), Latur

C) Geotagged photo/Screenshots of the Program:





Day First Introduction to the participants of "Evening with Aerobics & Zumba"

Coach Mr Saya Tutika while teaching Aerobics and Zumba





Felicitation of Asst. Coach Mr. Akshay Patki

Thanks giving Letter to Coach Mr. Saya Tutika

> Thanking Letter to Coach



Anirudh Jadhav

Dr. Mahadev Gavhane Principal

जा.क.: राशाम/आ.प./२०२०-२१/ 13033

दि. ०५/०९/२०२०

आभार पत्र

प्रति,

श्री. साया तुतीका लेट्स डान्स अकॅडमी, लातूर.

दि. २९.०८.२०२० ते ०४.०९.२०२० दरम्यान राष्ट्रीय क्रीडा दिनानिमित्त आमच्या क्रीडा विभागामार्फत आयोजित "Evening with Aerobics and Zumba" या ऑनलाईन प्रशिक्षण शिबीरामध्ये आपण केलेल्या मौल्यवान योगदानासाठी महाविद्यालय आपले आभारी आहे.

यापुढेही आपले असेच सहकार्य लाभेल ही आपेक्षा. धन्यवाद!



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शिव छत्रपती शिक्षण संस्था, लातूर

राजर्षी शाहू महाविद्यालय (स्वायत्त), लातूर

क्रीडा विभागामार्फत

२९ ऑगस्ट क्रीडा दिनानिमित्त

'Evening with Aerobic & Zumba'

सात दिवसांचे ऑनलाईन प्रात्यक्षिक शिबीर

मार्गदर्शक: श्री. साया तृतीका

दि. : २९ ऑगस्ट ते ०४ सप्टेंबर, २०२० पर्यंत विळ : सायं. ०६.०० ते ०७.०० वा. पर्यंत

Zoom App च्या माध्यमातून सहभागी व्हावे.

Meeting ID: 798 164 8274

Password: 123456

Fitness program conducted by Sports & Physical Education Department in this COVID-19 Pandemic period for college faculty as well their family members

Kozylte Ogmuil. Com

राजर्षी शाहू महाविद्यालय (स्वायत्त), लातूर

सूचना

दि. २११.०८ २०२०

महाविद्यालयातील सर्व प्राध्यापक, शिक्षक व शिक्षकेत्तर कर्मचारी यांना सूचीत करण्यात येते की, दि. २९ ऑगस्ट क्रीडा दिनानिमित्त क्रीडा विभागामार्फत दि. २९ ऑगस्ट ते ०४ सप्टेंबर, २०२० पर्यंत दररोज सायंकाळी ०६. ०० ते ०७.०० या वेळेमध्ये ॲरोबीक व झुंबा (व्यायामप्रकार) संदर्भातील सात दिवसांचे ऑनलाईन प्रात्यिक्षक शिबीर 'Evening with Aerobic & Zumba' आयोजित करण्यात आले आहे.

तरी सर्वांनी या प्रात्यक्षिकांमध्ये झुम ॲपद्वारे सहभागी टीव कार्यक्रमासाठी आपल्या परिचीतांनाही सहभागी होता येईल. सहभागीतांना फिडबॅक भरल्यानंतर ई-प्रमाणपत्र दिले जाईल.

झुम लिंक दि. २८ ऑगस्ट रोजी पाठविली जाईल.

Doot, of Physical Education & Sports Palarshi Shahu Mahavidyalaya MILITARIA DE LA CONTRACTOR DE LA CONTRAC

Rajarshi Shahu Mahavidyalaya (Autonomous), Latur

Evening with Aerobics & Zumba

Date: 29.08.2020 to 04.09.2020

List of Participants

Sr.No.	Name of the Participant	Gender
1	Anuja Jadhav	Female
2	Priti Pohekar	Female
3	Pallavi Patil	Female
4	Archana Tak	Female
5	Sayali Samudre	Female
6	Pushpalata Trimukhe	Female
7	Kanchanprabha Maske	Female
8	Renuka Londhe	Female
9	Kiran Pradhan	Female
10	Jayshri Jadhav	Female
11	Chandraprabha Kulkarni	Female
12	Jyoti Mashalkar	Female
13	Manjusha Shinde	Female
14	Suchitra Kasbe	Female
15	Chetana Ahale	Female
16	Shradha Jadhav	Female
17	Sadhana Sonwane	Female
18	Iqra Sayyed	Female
19	Manisha Dhotre	Female
20	Shilpa Surwase	Female
21	Geetanjali Sathe	Female
22	Ashwini Kale	Female
23	Juveriya Shaikh	Female
24	Samreen Bagwan	Female
25	Akanksha Balsaraf	Female
26	Amruta Sawalsure	Female
27	Dhanashri Jagatap	Female
28	Kalyani Dhule	Female
29	Swati Swami	Female
30	Chaitali Chavan	Female
31	Vidya Aiwale	Female
32	Sunita Bhosale	Female
33	Lata Mane	Female
34	Mayuri Samant	Female

35	Rutuja Bawachakar	Female
36	Suchita Sarkale	Female
37	Madhuri Bhande	Female
38	Rahul Athawale	Male
39	Joli Ratnarani Bhimrao	Female
40	Shankar D Landge	Male
41	Rushikesh Gurunath Swami	Male
42	Parikshit Yelikar	Male
43	Arjune Pradip Maroti	Male
44	Bhandare Shankar Mahadev	Male
45	Mane Mangesh	Male
46	Suryawanshi Mahesh Govindrao	Male
47	Pranav Bhatikare	Male
48	Dattu Keshav Mane	Male
49	Bajulge Madhav	Male
50	Rahul Danwade	Male
51	Bansode Sakshi Suresh	Female
52	Rankhamb Annasaheb	Male
53	Sajeed Deshmukh	Male
54	Sambhaji Lobhe	Male
55	Sumit Shivaji Pendalwad	Male
56	Sumit Pendalwad	Male
57	Tushar Jadhav	Male
58	Sambhaji Malhari Nawghare	Male
59	Rajesaheb Dhanajiraopatil	Male
60	Anil Chole	Male
61	Dr Wakankar Govind Bansidharrao	Male
62	Londhe Lakhan Madhav	Male
63	Pramod Haridas Shingare	Male
64	Biradar Gangadhar Namdevrao	Male
65	Abhinav Amit Wakade	Male
66	Mayur Kote	Male
67	Ashish Jaiprakash Mane	Male
68	Pradeep Kondekar	Male
69	Abhijeet Warad	Male
70	Dr Vikram Vilas Suryawanshi	Male
71	Amol Kabra	Male
72	Sandip Vinayakrao Gutte	Male
73	Nikhil Nanasaheb Wagh	Male
74	Omprakash Ramrao Lashkare	Male

75	Sudhir Sambhajirao Ingle	Male
76	Mahesh S Wavare	Male
77	Vaibhav Budruk	Male
78	Kabaddi	Male
79	Vaishnavi Arjunrao Nagarsoge	Female
80	Bhave Bhushan	Male
81	Rupali Bhosale	Female
82	Santosh Shivkant Mehtre	Male
83	Padmakar Shelke	Male
84	Amar Pote	Male
85	Ghogare Avinash Prakash	Male
86	Mrs.Suvarna Jaykumar Pawar	Male
87	Mrs.Pawar Suvarna Jaykumar	Female
88	Krishna Deepak Sonale	Male
89	Pratiksha Kasbe	Female
90	Dayanand Rathod	Male
91	Gangadhar Bajirao Somwanshi	Male
92	Dhiraj Digamber Malge	Male
93	Manasi Kasgavade	Female
94	Darshan Bhaykar	Male
95	Vaishali Ingole	Female
96	Javalge Ajay Manik	Male
97	Javalge Vijay Manik	Male
98	Gude Vivek	Male
99	Ratan Dnyanoba Mule	Female
100	Swapana Hanumanrao Tandale	Female
101	Arde Rameshwar. Shrirang	Male
102	Dr Dhananjay Limbajirao Pawar	Male
103	Gunwant Tanaji Rathod	Male
104	Shriram Tukaram Chalwad	Male
105	Santoshi Shriram Chalwad	Female
106	Amar Prakash Bansode	Male
107	Akash Mare	Male
108	Mate Akash Dattu	Male
109	Rohan Patre	Male
110	Rathod Vijay Raju	Male
111	More Ramrao Wamanrao	Male
112	Nirude Ganesh Jagnnath	Male
113	Vaibhav Shivaji Budruk	Male
114	Dr Vimal N Dole	Male

115	Vaibhav Santoshrao Domkondwar	Male
116	Aryan Dalwe	Male
117	Kiran Bhaurao Pawar	Male
118	Atharv Sayasrao Munde	Male
119	Saee Sayasrao Munde	Male
120	Prasanjit Babruwan Randive	Male
121	Mane Vijay	Male
122	Nangrale Aarti Bhanudas	Female
123	Swati Suresh Fere	Female
124	Sayali Patil	Female
125	Bhagyashri Shinde	Female
126	Dalve Aryan Jeevan	Male
127	Kalpana Kinikar	Female
128	Dr Aarti Vaidya	Female
129	Sanjay Sharma	Male
130	Vaidya Komal Rajeshwar	Female
131	Raje Ashok Kondiram	Male
132	Balaji Kamble	Male
133	Prerna Bharat Gaikwad	Female
134	Pallavi Vaijnath Swami	Female
135	Jadhav Shatakshi Girishrav	Female
136	Amit Dholepatil	Male
137	Kiran Mantri	Female
138	Ritu Chandrakant Bokan	Female
139	Bantisingh Shahu	Male
140	Sneha Biradar Angad	Female
141	Shravani Gaurishankar Nigudge	Female
142	Kalyan Dhondiba Savant	Male

Date: 05/09/2020

Director

Physical Education & Sports Director

Dept. of Phy. Edu. & Sports Rajarshi Shahu Mahavidyalaya (Autonomous), Latur Rajarshi Shahu, Mahavidyalaya (Autonomous), Latur