



Shiv Chhatrapati Shikshan Sanstha's
Rajarshi Shahu Mahavidyalaya Autonomous, Latur
Department of Physical Education & Sports

A) A Summary Report

1) Title of Programme:	'International Yoga Day'		
2) Name of Organizing Department/Unit:	Physical Education & Sports		
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:	Mr. Anirudh Baburao Birajdar Mrs. Ratnrani B. Koli		
4) Date(s) of the Programme:	<u>21 June 2022</u>		
5) Venue:	College Campus		
6) Targeted Group:	All Staff and Students		
7) Number of Participants:	Male	Female	Total
	173	35	208
8) Name and Details of Resource Person/ Guest:	Prof. Shahuraj Autade		
9) Source of Funding:	College		
10) Total Expenditure:	Nil		

B) A Report

i. Title: "International Day"

ii. **Introduction:** Ancient India was the place where yoga, a physical, mental, and spiritual practice, first emerged. The date of June 21 was proposed by Indian Prime Minister Narendra Modi in his UN address in 2014 since it is the longest day of the year in the Northern Hemisphere and has particular significance in many cultures. Rajarshi Shahu Mahavidyalaya has been organizing Yoga Day from this day with complete dedication...

iii. Objectives:

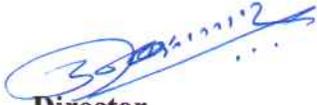
- To emphasize the significance of yoga
- To learn how it affects our Body and Mind
- Raising global awareness of the value of an interest in yoga

iv. **Details of Participants:** There were 208 staff were present, out of that male are 173 and female are 35.

v. **Brief Summary of Events/ Sessions:** On 21st June 2022, Yoga Day was celebrated with great enthusiasm at Rajarshi Shahu College. On this occasion, Yoga Guru Shri Shivraj Avtade of Patanjali Yoga Committee conducted Yoga Pranayama for the entire staff and guided them. The program was organized jointly by Health and Wellness Committee and Sports Department. On this occasion, the Principal of the college, Dr. Mahadevji Gavane, called upon the entire staff to do yoga regularly. The program was also attended by the Principal Prof. Sadashiv Shinde, Controller of Examinations Dr. Omprakash Shahapurkar, NCC Girls Head Captain Archana Tak, Yoga Instructor of the college Prof. Somdev Shinde, Prof. Sanjay Birajdar and Health and Wellness Committee Chairman Dr. Swati Phere, Ratnrani Koli were present as a guest.

vi. **Conclusion, with Feedback on the Programme:** All the staff members of the college done yoga in an excellent manner and also vowed by Prof. Somdev Shinde to all the staff to do regular daily yoga.

Date: 21/06/2022


Director
Physical Education & Sports
Director
Dept. of Phy. Edu. & Sports
Rajarshi Shahu Mahavidyalaya
(Autonomous), Latur


Principal
PRINCIPAL
Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)



C) Geotagged Photographs/ Screenshots:-



D) Copies of Brochure for the Programme:

राजर्षी शाहू महाविद्यालय (स्वायत्त) लातूर
 व
पतंजली योग समिती लातूर
 यांच्या संयुक्त विद्यमाने...
अंतरराष्ट्रीय योग दिनानिमित्त
क्रीडा विभाग व हेल्थ अँड वेलनेस समिती द्वारा आयोजित
योग प्रशिक्षण शिबीर
 कालावधी : दिनांक 15 ते 29 जून 2022 सकाळी 06:00 ते 07:00

योग शिक्षक
 प्रा. शाहूराजे औताडे

अध्यक्ष
 प्राचार्य डॉ. महादेव गव्हाणे

स्थळ : महाविद्यालयाच्या प्रांगणात (ऑफलाइन) व YouTube (ऑनलाइन)

E) Notice to student and letter to Instructor :

 <p>Rajarshi Shahu Mahavidyalaya (Autonomous), Near Central Bus Stand, Chandra Nagar, Latur-413512 (Maharashtra) Affiliated to Bharati Vasthantya Surabhi Maharashtra University, Mumbai A/C, Commerce Scheme, Group: B & T, B.A./B.Com. and B.E. Voc NAAC Accredited B++ Grade (3rd Cycle) till 2025-26</p> <p>Dr. Gajanan Patil President</p> <p>Avinash Jadhav Secretary</p> <p>Dr. Mahadev Gavhane Principal</p> <p>श्री. शहुराजें औतादे योग शिक्षक, पारदर्शिता कला संस्थेची, लातूर.</p> <p>विषय : आभारपत्र.</p> <p>सहोदर,</p> <p>आमच्या महाविद्यालयाचे आयोजित करण्यात आलेल्या ३१ जून २०२२ रोजी सकाळी ९:०० वाजेच्या 'आंतरराष्ट्रीय योग दिन' निमित्त योग शिक्षक म्हणून उपस्थित राहून शिक्षणी, शिस्तक व शिक्षकेतर कामकाजात आढळून आलेल्या सकारात्मक कामां, प्रयत्नांसाठी आभार.</p> <p>यापूर्वी आपणही आपले योग्य योगदाने याला दिले आहे.</p> <p>आभार.</p> <p><i>(Signature)</i> शहुराजें औतादे</p> <p><small>Email : rajarshishahumahavidyalaya.org, Website : www.rajarshishahumahavidyalaya.org, 02181-26911, 26384 Fax : 02181221567-8, 26385, 26386, 26387</small></p>	<p>राजर्षी शाहू महाविद्यालय (स्वायत्त), लातूर</p> <p>सूचना</p> <p>दि. २०.०६.२०२२</p> <p>महाविद्यालयतील सर्व अनुपस्थित व विनाअनुपस्थिति प्रत्येक शिक्षक व शिक्षकेतर कर्मचारी यांना सूचित करण्यात येते की, उद्या दि.२१ जून २०२२ रोजी आंतरराष्ट्रीय योग दिन महाविद्यालयाने आयोजित करण्यात येत आहे.</p> <p>योग दिना निमित्त सकाळी ९.४५ वा. महाविद्यालयाच्या प्रांगणातच योगासने घेण्यात येणार आहेत.</p> <p>सर्वा सर्व प्राध्यापक, शिक्षक व शिक्षकेतर कर्मचारी यांनी या कार्यक्रमात वेळेवर (५.३०) उपस्थित राहणे अनिवार्य आहे.</p> <p><i>(Signature)</i> शहुराजें औतादे सर्वी शाहू महाविद्यालय (स्वायत्त), लातूर</p> <p>राजर्षी शाहू महाविद्यालय (स्वायत्त), लातूर</p> <p>सूचना</p> <p>दि. २०.०६.२०२२</p> <p>सर्व विद्यार्थ्यांना सूचित करण्यात येते की, उद्या दि.२१ जून २०२२ रोजी आंतरराष्ट्रीय योग दिन महाविद्यालयाने आयोजित करण्यात येत आहे.</p> <p>योग दिना निमित्त सकाळी ९.४५ वा. महाविद्यालयाच्या प्रांगणातच योगासने घेण्यात येणार आहेत.</p> <p>सर्वा सर्व विद्यार्थ्यांनी या कार्यक्रमात वेळेवर उपस्थित राहाय.</p> <p><i>(Signature)</i> शहुराजें औतादे सर्वी शाहू महाविद्यालय (स्वायत्त), लातूर</p>
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Thinking Letter to Prof. Shahuraj Autade

Notice for the Staff and Student

F) You tube links of Programme :

<https://www.youtube.com/live/oEjwnociWXM?feature=share>

(Signature)
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(Signature)
Principal
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